

Subject Outline

Subject Name:	Western Herbal Medicine Clinical Practicum 2b
Subject Code:	WHMC324
Award(s):	Bachelor of Health Science (Western Herbal Medicine)
Core/ Elective:	Core – 8 credit points
Pre/co-requisites:	WHMC311, WHMC312, SOCI221; pre- or co-req: WHMC323 Current Apply First Aid Certificate, Working with Children Check (Perth: National Police Certificate), Mandatory online clinic induction/orientation and quiz.
Student Workload:	156 hours face to face 144 hours self-directed study
Delivery Mode:	Face to face <ul style="list-style-type: none"> 3 x 3 hours supervised clinical practicum 1 x 3 hours clinical workshop Full Time Part Time
Subject Coordinator:	David Stelfox
Subject Rationale:	<ul style="list-style-type: none"> This unit further integrates accumulated knowledge and skills from previous Herbal Medicine subjects and their application within a practical clinical setting under a supervisory process. Students refine their roles and responsibilities associated with the demands of a clinical practitioner. The supervisor assigned to the clinic observes, monitors and evaluates students in practice to ensure quality and ethical work standards are demonstrated. Students will be assessed for their professional interaction and communication skills in client case taking that underpin their clinical performance with their supervisors, clinic assistants and student peers. Students apply evidence-based practice within their case taking to establish treatment aims and herbal prescription. This unit places an emphasis on developing the professional framework initiated from Clinical Practicum 1 by validating an individual's case history through on-going self-reflection. Through analysis of data students will recognise important aspects of case taking for the purpose of determining appropriate clinical examinations required for the diagnosis. Western Herbal Medicine Clinical Practicum 2b prepares the students to achieve an appropriate professional standard for integration into private clinical practice. This subject requires 100% attendance.

Learning Outcomes:

1.	Apply herbal medicine principles and therapeutics to the clinical management of the client and critically evaluate own performance in this application.
2.	Conduct and observe Herbal Medicine consultations to elicit clinical data essential for the management of herbal medicine clients and incorporate the necessary knowledge, skills and attitudes of evidence based practice.
3.	Critically evaluate the data for the purpose of determining appropriate clinical examinations required for the diagnosis.
4.	Establish appropriate treatment aims and complete a herbal prescription.
5.	Critically evaluate own theoretical and practical skills with reference to research and evidence-based practices.

Content:

Week	Clinic Practicum (3 x 3 hr. Sessions)	Tutorial/Workshop Activities (1 x 3 hr. session)
1.	<p>Introduction to Clinical Practicum (1 x 3 hr. Session):</p> <ul style="list-style-type: none"> WHS Orientation – Safety, Evacuation, Incident reporting, Legalities, Adverse reactions, Risk management Introduction to the subject. Subject outline, subject rationale, assessment, and student resources. Orientation of the clinic and dispensary. Familiarise students with Endeavour Clinic Handbook and Professional Requirements. <p>Completion of on-line Clinic Orientation quiz</p> <p>Clinic Practicum (2 x 3 hr. Sessions):</p> <ul style="list-style-type: none"> Participation in clinical consultations and observations, patient and practitioner communication and interaction, case taking, diagnosis and treatment regimes. Regular practise of clinical examination skills, interpretation of biomedical tests and functional test results. Practise of clinical management skills including reception and dispensary duty. <p>Debrief:</p> <p>15 minute debrief at conclusion of each clinic practicum session to identify any important issues raised during the consultation process.</p>	<p>In these workshops discussion focuses on integrated, evidence-informed naturopathic strategies for the prevention and treatment of common conditions frequently seen in practice. Students may bring de-identified cases from the Teaching Clinic and for discussion and analysis and cases are also provided.</p> <ul style="list-style-type: none"> Gastrointestinal conditions



2 - 4.	<p>Clinic Practicum (3 x 3 hr. Sessions per week):</p> <ul style="list-style-type: none"> Students participate in clinical consultations and observations, patient and practitioner communication and interaction, case taking, diagnosis and treatment regimes. This includes regular practice of clinical examination skills, interpretation of biomedical tests and functional test results. It also includes the practice of holistic diagnostic techniques Clinical practice includes clinical management skills, dispensing and reception duties Debrief 	<p>In these workshops discussion focuses on integrated, evidence-informed naturopathic strategies for the prevention and treatment of common conditions frequently seen in practice. Students may bring de-identified cases from the Teaching Clinic and for discussion and analysis and cases are also provided.</p> <ul style="list-style-type: none"> Arthritis and Musculoskeletal conditions Nervous system conditions Women's health and menopause
5 - 6.	<p>Clinic Practicum (3 x 3 hr. Sessions per week):</p> <ul style="list-style-type: none"> Students participate in clinical consultations and observations, patient and practitioner communication and interaction, case taking, diagnosis and treatment regimes. This includes regular practice of clinical examination skills, interpretation of biomedical tests and functional test results. It also includes the practice of holistic diagnostic techniques Clinical practice includes clinical management skills, dispensing and reception duties Debrief 	<p>In these workshops discussion focuses on integrated, evidence-informed naturopathic strategies for the prevention and treatment of common conditions frequently seen in practice. Students may bring de-identified cases from the Teaching Clinic and for discussion and analysis and cases are also provided.</p> <ul style="list-style-type: none"> Women's health and menopause continued Men's health and andropause
7.	<p>Clinic Practicum (3 x 3 hr. Sessions):</p> <ul style="list-style-type: none"> Students participate in clinical consultations and observations, patient and practitioner communication and interaction, case taking, diagnosis and treatment regimes. When and how to refer This includes regular practice of clinical examination skills, interpretation of biomedical tests and functional test results. It also includes the practice of holistic diagnostic techniques Clinical practice includes clinical management skills, dispensing and reception duties Debrief 	<p>In these workshops discussion focuses on integrated, evidence-informed naturopathic strategies for the prevention and treatment of common conditions frequently seen in practice. Students may bring de-identified cases from the Teaching Clinic and for discussion and analysis and cases are also provided.</p> <ul style="list-style-type: none"> Ageing

NON-TEACHING WEEK (note that make up classes may be scheduled in this week) Semester 1 - This aligns with the week after Easter so it may fall between weeks 6 to 8. Semester 2 - The break week falls between Weeks 7 and 8.		
9.	Clinic Practicum (3 x 3 hr. Session): <ul style="list-style-type: none"> Students participate in clinical consultations and observations, patient and practitioner communication and interaction, case taking, diagnosis and treatment regimes. This includes regular practice of clinical examination skills, interpretation of biomedical tests and functional test results. It also includes the practice of holistic diagnostic techniques Clinical practice includes clinical management skills, dispensing and reception duties Debrief 	<p>In these workshops discussion focuses on integrated, evidence-informed naturopathic strategies for the prevention and treatment of common conditions frequently seen in practice. Students may bring de-identified cases from the Teaching Clinic and for discussion and analysis and cases are also provided.</p> <ul style="list-style-type: none"> Endocrine conditions (adrenal, thyroid, etc)
10-11.	Clinic Practicum (3 x 3 hr. Session): <ul style="list-style-type: none"> Students participate in clinical consultations and observations, patient and practitioner communication and interaction, case taking, diagnosis and treatment regimes. This includes regular practice of clinical examination skills, interpretation of biomedical tests and functional test results. It also includes the practice of holistic diagnostic techniques Clinical practice includes clinical management skills, dispensing and reception duties Debrief 	<p>In these workshops discussion focuses on integrated, evidence-informed naturopathic strategies for the prevention and treatment of common conditions frequently seen in practice. Students may bring de-identified cases from the Teaching Clinic and for discussion and analysis and cases are also provided.</p> <ul style="list-style-type: none"> Metabolic Syndrome Autoimmune Conditions Autoimmune Conditions continued
12-13.	Clinic Practicum (3 x 3 hr. Session): <ul style="list-style-type: none"> Students to participate in clinical consultations and observations, patient and practitioner communication and interaction, case taking, diagnosis and treatment regimes. This includes regular practice of clinical examination skills, interpretation of biomedical tests and functional test results. It also includes the practice of holistic diagnostic techniques Clinical practice includes clinical management skills, dispensing and reception duties 	<p>In these workshops discussion focuses on integrated, evidence-informed naturopathic strategies for the prevention and treatment of common conditions frequently seen in practice. Students may bring de-identified cases from the Teaching Clinic and for discussion and analysis and cases are also provided.</p> <ul style="list-style-type: none"> Integumentary conditions Urinary conditions

	• Debrief	
14.	Non-Teaching Week / Practical Exam Week. Note that make-up classes may be scheduled in this week.	
15-16.	Final Exam Weeks 1 & 2 Please refer to the Exam Timetable for your local campus for the exact day and time of exam	

Set Text Requirements:

1.	Sarris, J., & Wardle, J. (Eds.). (2014). <i>Clinical naturopathy: An evidence-based guide to practice</i> (2nd ed.). Sydney, NSW: Churchill Livingstone Elsevier. [ebook available]
2.	Endeavour College of Natural Health White Coat with embroidered logo (available from College Bookshop).
3.	Equipment: Thermometer, Sphygmomanometer, Stethoscope, Timing device, Otoscope, Penlight, Percussion (reflex) hammer, Measuring tape, Iris Torch
4.	Endeavour Student Clinic Handbook.

Recommended Readings:

1.	Bone, K. (2003). <i>A clinical guide to blending liquid herbs: Herbal formulations for the individual patient</i> . St Louis, MO: Churchill Livingstone. [ebook available]
2.	Braun, L., & Cohen, M. (2014). <i>Herbs and natural supplements: An evidence-based guide</i> (4th ed., Vol. 1-2). Sydney, NSW: Churchill Livingstone Elsevier. [ebook available]
3.	Menzies-Trall, C. (2013). <i>Herbal medicine: Keys to physiomedicalism including pharmacopoeia</i> (2nd ed.). Newcastle, England: Faculty of Physiomedical Herbal Medicine Publications.
4.	Mills, S., & Bone K. (2005). <i>The essential guide to herbal safety</i> , St Louis, MO: Churchill Livingstone Elsevier.
5.	Pizzorno, J. E., Murray, M. T., & Joiner-Bey, H. (2016). <i>The clinician's handbook of natural medicine</i> (3rd ed.). St Louis, MO: Elsevier. [ebook available]
6.	Trickey, R. (2011). <i>Women, hormones and the menstrual cycle</i> (3rd ed.). Fairfield, VIC: Trickey Enterprises.

Assessments:

Assessment Item	Learning Outcomes Assessed	Week Content Delivered	Week Due	Weighting
Attendance (100% required)	N/A	N/A	Weekly	P/F
Progressive Clinical Assessment – Mid-semester Review (rubric based)	1-5	1-6	Review in weeks 7-8 (based on weekly observations)	20%
Client Case Studies (2 case studies, 750-1500 words each, suitable for publishing)	1,2,5	1-13	Case Study 1 – due week 10 Case Study 2 – due week 13	20%
Case-Based Exam (related to workshop topics) (2 hrs)	1,5	1-13	Final Exam Period	20%



Progressive Clinic Assessment – Final Assessment (rubric-based)	1-5	1-13	13 (based on weekly observations)	40%
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Important Note: Per the Attendance Policy, all clinic subjects (including clinical skills and clinic workshops) have a 100% attendance requirement. Students can miss up to the equivalent of one full week of scheduled sessions (e.g., can miss two sessions in the semester for a clinic subject that meets twice per week), but *only with a certificate from a qualified health practitioner or an application for Special Consideration*. All missed sessions must be made up by no later than Week 3 of the following semester, although every effort should be made to make up missed sessions before the end of the current semester to avoid receiving an Incomplete grade. Failure to make up missed sessions prior to Week 3 of the following semester will result in conversion of the Incomplete grade to a Failure. *Any student who misses more than the allowable number of sessions in a semester will be required to withdraw from the clinic subject immediately.*