

National Textbook List 2018

Semester 2

| Book Name | Author | RRP | Student |
|---|--------------------------------|----------|----------|
| ACAS011 Introduction to Academic Skills | | | |
| Study Skills Handbook (4 th Ed) | S, Cottrell | 39.95 | 35.95 |
| BIOB111 Chemistry and Biochemistry | | | |
| General, Organic, and Biological Chemistry (7 th Ed) | Stoker, S | \$182.95 | \$164.66 |
| Communications Skills Handbook (4 th Ed) | Summers, J., & Smith, B | \$48.95 | \$44.05 |
| BIOC211 Pathology and Clinical Science 1 | | | |
| Davidson's Principles and Practice of Medicine (23 rd Ed) | Colledge, Walker & Ralston | \$94.95 | \$85.45 |
| Porth's Pathophysiology: Concepts of Altered Health States (9 th Ed) | Grossman, S & Mattson Porth, C | \$142.00 | \$127.80 |
| BIOE221 Clinical Examination | | | |
| Physical Examination and Health Assessment (7 th Ed) | Jarvis, C | \$147.95 | \$133.15 |
| Sphygmomanometer, Stethoscope, Digital Thermometer, Penlight, Reflex Hammer, Otoscope and Measuring Tape (Wellspring Bookstore stocks a selection of these products individually and also in a complete student kit for \$350.00) | | | |
| BIOH111 Human Biological Science 1 | | | |
| Principles of Anatomy and Physiology (14 th Ed) HARD COVER | Tortora, G & Derrickson, B | \$210.95 | \$189.95 |
| OR Principles of Anatomy and Physiology (14 th Ed) ALL ACCESS PACK (includes eBook, Wiley Plus and Binder Ready Student Notes) | Tortora, G & Derrickson, B | \$123.95 | \$111.55 |
| Communications Skills Handbook (4 th Ed) | Summers, J., & Smith, B | \$48.95 | \$44.05 |
| BIOH122 Human Biological Science 2 | | | |
| Principles of Anatomy and Physiology (14 th Ed) HARD COVER | Tortora, G & Derrickson, B | \$210.95 | \$189.95 |
| OR Principles of Anatomy and Physiology (14 th Ed) ALL ACCESS PACK (includes eBook, Wiley Plus and Binder Ready Student Notes) | Tortora, G & Derrickson, B | \$123.95 | \$111.55 |
| Communications Skills Handbook (4 th Ed) | Summers, J., & Smith, B. | \$48.95 | \$44.05 |
| BIOH011 Introduction to Health Science | | | |
| Essentials of Human Anatomy and Physiology (12 th Ed) | Marieb E.N. | \$159.95 | \$143.95 |
| Essential Study Skills for Science Students | Chiras D.D | \$9.95 | \$8.95 |
| Communications Skills Handbook (4 th Ed) | Summers, J., & Smith, B. | \$48.95 | \$44.05 |
| BIOO211 Biochemistry for Complementary Therapists | | | |
| Communications Skills Handbook (4 th Ed) | Summers, J., & Smith, B. | \$48.95 | \$44.05 |
| General, Organic, and Biological Chemistry (7 th Ed) | Stoker, S | \$182.95 | \$164.65 |
| BIOP211 Pharmacology | | | |
| Pharmacology For Health Professionals (4 th Ed) | Bryant, Knights | \$139.95 | \$125.95 |
| BIOS222 Pathology and Clinical Science 2 and 3 | | | |
| Davidson's Principles and Practice of Medicine (23 rd Ed) | Colledge, Walker & Ralston | \$94.95 | \$85.45 |
| Porth's Pathophysiology: Concepts of Altered Health States (9 th Ed) | Grossman, S & Mattson Porth, C | \$142.00 | \$127.80 |

| Book Name | Author | RRP | Student |
|---|------------------------------|----------|----------|
| BIOW311 Wellness Practices | | | |
| Concepts in Health and Wellness | Robinson, J., & McCormick, D | \$112.95 | \$101.65 |
| CMAC111 Acupuncture Channel Theory | | | |
| Manual of Acupuncture (2 nd Ed) - BOOK | Deadman, P & Al-Khafaji, M | \$169.95 | \$152.95 |
| OR Manual of Acupuncture - APP (\$39.99 - purchase through Apple store) | | | |
| Communication Skills Handbook (4 th Ed) | Summers, J & Smith, B | \$48.95 | \$44.05 |
| CMAC121 Point Location | | | |
| Manual of Acupuncture (2 nd Ed) - BOOK | Deadman, P & Al-Khafaji, M | \$169.95 | \$152.95 |
| OR Manual of Acupuncture - APP (\$39.99 - purchase through Apple store) | | | |
| Communication Skills Handbook (4 th Ed) | Summers, J & Smith, B | \$48.95 | \$44.05 |
| CMAC211 Acupuncture Therapeutics 1 | | | |
| Manual of Acupuncture (2 nd Ed) - BOOK | Deadman, P & Al-Khafaji, M | \$169.95 | \$152.95 |
| OR Manual of Acupuncture - APP (\$39.99 - purchase through Apple store) | | | |
| The Living Needle: Modern Acupuncture Technique | Philips, J. | \$44.95 | \$49.95 |
| Chinese Medicine Board of Australia, 2017, 'Infection prevention and control guidelines for acupuncture practice' – http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx | | | |
| CMAC212 Point Classification and Prescription | | | |
| Manual of Acupuncture (2 nd Ed) - BOOK | Deadman, P & Al-Khafaji, M | \$169.95 | \$152.95 |
| OR Manual of Acupuncture - APP (\$39.99 - purchase through Apple store) | | | |
| Acupuncture Kit | | \$139.95 | \$139.95 |
| Electric Stimulating Machines - available in store at Wellspring Bookstore | | \$225.00 | \$202.50 |
| CMAC221 Acupuncture Therapeutics 2 | | | |
| Manual of Acupuncture (2 nd Ed) - BOOK | Deadman, P & Al-Khafaji, M | \$169.95 | \$152.95 |
| OR Manual of Acupuncture - APP (\$39.99 - purchase through Apple store) | | | |
| Needling Techniques for Acupuncturists | Chang, X. | \$37.95 | \$34.16 |
| Acupuncture Kit | | \$139.95 | \$139.95 |
| Electric Stimulating Machines - available in store at Wellspring Bookstore | | \$225.00 | \$202.50 |
| Chinese Medicine Board of Australia, 2017, 'Infection prevention and control guidelines for acupuncture practice' – http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx | | | |
| CMAC222 Chinese Clinical Medicine 1 | | | |
| Close To The Bone (3 rd Ed) | Legge, D | \$109.95 | \$98.95 |
| Acupuncture Kit | | \$139.95 | \$139.95 |
| Electric Stimulating Machines Available In Store at Wellspring Bookstore | | \$225.00 | \$202.50 |
| Chinese Medicine Board of Australia, 2017, 'Infection prevention and control guidelines for acupuncture practice' – http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx | | | |
| CMAC223 Chinese Clinical Medicine 2 | | | |
| Essentials of Chinese Medicine: Internal Medicine (2 nd Ed) | Anshen, S | \$134.95 | \$121.45 |
| Acupuncture Kit | | \$139.95 | \$139.95 |
| Electric Stimulating Machines Available In Store at Wellspring Bookstore | | \$225.00 | \$202.50 |

| Book Name | Author | RRP | Student |
|-----------|--------|-----|---------|
|-----------|--------|-----|---------|

Chinese Medicine Board of Australia, 2017, 'Infection prevention and control guidelines for acupuncture practice' – <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx>

CMAC311 Chinese Clinical Medicine 3

| | | | |
|--|-------------|----------|----------|
| Obstetrics and Gynaecology in Chinese Medicine (2 nd Ed) | Maciocia, G | \$195.00 | \$175.50 |
| Acupuncture Kit | | \$139.95 | \$139.95 |
| Electric Stimulating Machines Available In Store at Wellspring Bookstore | | \$225.00 | \$202.50 |

Chinese Medicine Board of Australia, 2017, 'Infection prevention and control guidelines for acupuncture practice' – <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx>

CMAC321 Chinese Clinical Medicine 4

| | | | |
|--|----------|----------|----------|
| Paediatrics in Chinese Medicine | Rossi, E | \$145.95 | \$131.35 |
| Acupuncture Kit | | \$139.95 | \$139.95 |
| Electric Stimulating Machines Available In Store at Wellspring Bookstore | | \$225.00 | \$202.50 |

Chinese Medicine Board of Australia, 2017, 'Infection prevention and control guidelines for acupuncture practice' – <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx>

CMAC411 Chinese Clinical Medicine 5

| | | | |
|---|-------------|----------|----------|
| Shen - Psycho-Emotional Aspects of Chinese Medicine | Rossi, E | \$98.00 | \$88.20 |
| The psyche in Chinese Medicine: Treatment of emotional and mental disharmonies with acupuncture and Chinese herbs (ebook available) | Maciocia, G | \$131.00 | \$117.90 |

Chinese Medicine Board of Australia, 2017, 'Infection prevention and control guidelines for acupuncture practice' – <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx>

CMAC421 Acupuncture Practical Clinical Workshop

| | | | |
|--|--|----------|----------|
| Acupuncture Kit | | \$139.95 | \$139.95 |
| Electric Stimulating Machines Available In Store at Wellspring Bookstore | | \$225.00 | \$202.50 |

Chinese Medicine Board of Australia, 2017, 'Infection prevention and control guidelines for acupuncture practice' – <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx>

CMCS121 Chinese Medicine - Acupuncture Clinical Studies 1

| | | | |
|--|-------------|----------|----------|
| Diagnosis in Chinese Medicine | Maciocia, G | \$185.00 | \$166.50 |
| Traditional Chinese Medicine Diagnosis Study Guide | Yi, Q | \$88.00 | \$79.20 |

CMCS211 Chinese Medicine - Acupuncture Clinical Studies 2

| | | | |
|---|----------------------------|----------|----------|
| Manual of Acupuncture (2 nd Ed) - BOOK | Deadman, P & Al-Khafaji, M | \$169.95 | \$152.95 |
|---|----------------------------|----------|----------|

Prescribed readings by Chinese Medicine Board of Australia 2017 – See LMS for details

CMCS221 Chinese Medicine - Acupuncture Clinical Studies 3

Timing Device, Penlight, Endeavour White Clinic Coat (all available through Wellspring Bookstore)

Prescribed readings by Chinese Medicine Board of Australia 2017 – See LMS for details

CMCS311 Chinese Medicine - Acupuncture Clinical Studies 4

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Endeavour White Clinic Coat (Wellspring Bookstore stocks a selection of these products)

Prescribed readings by Chinese Medicine Board of Australia 2017 – See LMS for details

CMCS321 Chinese Medicine - Acupuncture Clinical Studies 5

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Endeavour White Clinic Coat (Wellspring Bookstore stocks a selection of these products)

Prescribed readings by Chinese Medicine Board of Australia 2017 – See LMS for details

Book Name **Author** **RRP** **Student**

CMCS411 Chinese Medicine - Acupuncture Clinical Studies 6

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Endeavour White Clinic Coat (Wellspring Bookstore stocks a selection of these products)

Prescribed readings by Chinese Medicine Board of Australia 2017 – See LMS for details

CMCS421 Chinese Medicine - Acupuncture Clinical Studies 7

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Endeavour White Clinic Coat (Wellspring Bookstore stocks a selection of these products)

Prescribed readings by Chinese Medicine Board of Australia 2017 – See LMS for details

CMDE411 Chinese Dietetics

Chinese Nutrition Therapy: Dietetics in Traditional Chinese Medicine (2nd Ed) Kastner, J \$125.00 \$112.50

Healing with Whole Foods: Asian Traditions and Modern Nutrition Pitchford, P \$56.95 \$51.25

CMEX421 Chinese Exercise Therapy

[Chinese Exercises Therapy - available as an e-book through Amazon Kindle](#) Le, J \$23.89 –

CMHB211 Chinese Herbal Medicine

Essentials of Chinese Materia Medica and Medical Formulas: New century Traditional Chinese Medicine Shengyan, X., & Yuewen, G \$236.95 \$213.25

CMHB221 Chinese Herbal Formulae

Handbook of formulas in Chinese medicine. Scheid, V., & Ellis, A. \$39.95 \$35.95

Essentials of Chinese Materia Medica and Medical Formulas: New Century Traditional Chinese Medicine Shengyan, X., & Yuewen, G \$236.95 \$213.25

CMPF121 Introduction to Chinese Medicine

Between Heaven and Earth Beinfield, H & Korngold, E \$34.95 \$31.45

CMPF122 Introduction to Chinese Medicine 2

Foundations of Chinese Medicine (3rd Ed) Maciocia, G \$196.00 \$176.40

Traditional Chinese Medicine Diagnosis Study Guide Yi, Q \$88.00 \$79.20

Communication Skills Handbook (4th Ed) Summers, J & Smith, B \$48.95 \$44.05

CMPF123 Chinese Medical and Clinical Diagnosis

Foundations of Chinese Medicine (3rd Ed) Maciocia, G \$196.00 \$176.40

Traditional Chinese Medicine Diagnosis Study Guide Yi, Q \$88.00 \$79.20

CMPR112 TCM Terminology in Chinese

PLECO App (free) – refer to your Subject Outline for more information

CMPR113 Foundations of Traditional Chinese Medicine

Traditional Chinese Medicine Diagnosis Study Guide Yi, Q \$88.00 \$79.20

Foundations of Chinese Medicine (3rd Ed) Maciocia, G \$196.00 \$176.40

Communication Skills Handbook (4th Ed) Summers, J & Smith, B \$48.95 \$44.05

CMPR121 TCM Assessment and Differentiation

Traditional Chinese Medicine Diagnosis Study Guide Yi, Q \$88.00 \$79.20

Foundations of Chinese Medicine (3rd Ed) Maciocia, G \$196.00 \$176.40

Communication Skills Handbook (4th Ed) Summers, J & Smith, B \$48.95 \$44.05

CMPR311 History and Development of Traditional Chinese Medicine

No Set Text – – –



| Book Name | Author | RRP | Student |
|---|-----------------------|----------|----------|
| CMPR411 TCM Research 1 | | | |
| No Set Text | – | – | – |
| CMTN211 Tui Na Therapeutics 1 | | | |
| Chinese Bodywork – A Complete Manual of Chinese Therapeutic Massage | Chengnan, S | \$89.95 | \$80.95 |
| CMTN311 Tui Na Therapeutics 2 | | | |
| Chinese Bodywork – A Complete Manual of Chinese Therapeutic Massage | Chengnan, S | \$89.95 | \$80.95 |
| CMTN321 Chinese Medicine - Tui Na Clinical Studies 1 | | | |
| No Set Text | – | – | – |
| CMTN411 Chinese Medicine - Tui Na Clinical Studies 2 | | | |
| No Set Text | – | – | – |
| CMTN421 Tui Na for Women & Children Clinic | | | |
| No Set Text | – | – | – |
| HMCL211 Clinical Skills 1 | | | |
| Physical Examination & Health Assessment (7 th Ed) | Jarvis, C | \$147.95 | \$133.15 |
| The Energetics of Health: A Naturopathic Assessment | Lloyd, I | \$65.00 | \$58.50 |
| HMCL221 Introduction to Complementary Medicine Clinical Practice | | | |
| No Set Text | - | - | - |
| HMCL222 Nutritional Medicine Clinical Skills 2 | | | |
| Physical Examination & Health Assessment (7 th Ed) | Jarvis, C | \$147.95 | \$133.15 |
| The Energetics of Health: A Naturopathic Assessment | Lloyd, I | \$65.00 | \$58.50 |
| Stethoscope, Sphygmomanometer, Otoscope, Timing device, Penlight, Thermometer, Measuring tape, Percussion (reflex) hammer (Wellspring Bookstore stocks a selection of these products) | | | |
| HMCL223 Clinical Diagnostic Techniques | | | |
| Mosby's Diagnostic and Laboratory Test Reference (13 th Ed) | Pagana, K & Pagana, T | \$62.00 | \$55.80 |
| HMCL312 Clinical Skills 2 | | | |
| Physical Examination & Health Assessment (7 th Ed) | Jarvis, C | \$147.95 | \$133.15 |
| The Energetics of Health: A Naturopathic Assessment | Lloyd, I | \$65.00 | \$58.50 |
| Iris magnifier torch, Stethoscope, Sphygmomanometer, Otoscope, Timing device, Penlight, Thermometer, Measuring tape, Percussion (reflex) hammer (Wellspring Bookstore stocks a selection of these products) | | | |
| HOMC111 Introduction to Homeopathy | | | |
| Impossible Cure | Lanksy, A | \$43.95 | \$39.55 |
| Pocket Manual of Homeopathic Materia Medica and Repertory (Narayana Edition) | Boericke, W | \$59.95 | \$53.95 |
| HOMC121 Homeopathic Acute Prescribing | | | |
| Endeavour software package – See LMS for details, not available through Wellspring Bookstore | | | \$350.00 |
| HOMM122 Comparative Materia Medica | | | |
| Endeavour software package – See LMS for details, not available through Wellspring Bookstore | | | \$350.00 |
| HOMP212 Homeopathic Clinical Practicum 1 | | | |
| Endeavour software package – See LMS for details, not available through Wellspring Bookstore | | | \$350.00 |
| HOMT122 Homeopathic Case Taking | | | |
| Case Taking | Gray, A | \$54.00 | \$48.60 |



| Book Name | Author | RRP | Student |
|---|---|----------|----------|
| Endeavour software package – See LMS for details, not available through Wellspring Bookstore | | | |
| MSTA121 Musculoskeletal Anatomy and Palpation 1 | | | |
| Trail Guide to the Body (5 th Ed) | Biel, A | \$140.00 | \$126.00 |
| MSTA212 Musculoskeletal Anatomy and Palpation 2 | | | |
| Trail Guide to the Body (5 th Ed) | Biel, A | \$140.00 | \$126.00 |
| MSTC121 Myotherapy Clinical Skills | | | |
| Essentials of Law, Ethics and Professional Issues for CAM | Zetler, J & Bonello, R | \$77.95 | \$68.35 |
| MSTC212 Myotherapy Clinical Practicum 1 | | | |
| Outcome-based Massage: Putting Evidence into Practice (3 rd Ed) | Andrade, C.K | \$110.50 | \$99.45 |
| Endeavour Black Polo Shirt (\$29.95) worn with dark trousers or skirt (no jeans/denim or shorts) and closed-in black professional shoes (no runners) | | | |
| MSTC223 Myotherapy Clinical Practicum 2 | | | |
| Goniometer | 10 inch 360 Degrees | \$15.95 | \$14.35 |
| Maitland's Peripheral Manipulation (5 th Ed) | Hengeveld, E & Banks, K | \$99.95 | \$89.95 |
| Maitland's Vertebral Manipulation (8 th Ed) | Hengeveld, E & Banks, K | \$95.00 | \$85.50 |
| Endeavour Black Polo Shirt (\$29.95) worn with dark trousers or skirt (no jeans/denim or shorts) and closed-in black professional shoes (no runners) | | | |
| MSTC314 Myotherapy Clinical Practicum 3 | | | |
| Trigger Point Dry Needling: An Evidence and Clinical-Based Approach | Dommerhol, J & César Fernández-de-las-Peñas | \$99.95 | \$89.95 |
| Clinical Sports Medicine (4 th Ed) | Brukner, P & Khan, K | \$145.00 | \$130.50 |
| The Sensitive Nervous System | Butler, D | \$79.95 | \$71.95 |
| Practitioner Seatbelt/ Mulligan Belt, Buck Reflex Hammer, 128Hz Tuning Fork, Pen Light, Goniometer, Sphygmomanometer, Stethoscope, Measuring Tape (Wellspring Bookstore stocks these products) | | | |
| Endeavour Black Polo Shirt (\$29.95) worn with dark trousers or skirt (no jeans/denim or shorts) and closed-in black professional shoes (no runners) | | | |
| MSTC325A Myotherapy Clinical Practicum 4A | | | |
| The Neurodynamics Pack | Butler, D | \$220.00 | \$198.00 |
| Trigger Point Dry Needling: An Evidence and Clinical-Based Approach | Dommerhol, J & César Fernández-de-las-Peñas | \$99.95 | \$89.95 |
| Manual Therapy: NAGS, SNAGS, MWMS etc | Brian Mulligan | \$49.95 | \$44.95 |
| Practitioner Seatbelt / Mulligan Belt, Buck Reflex Hammer, 128Hz Tuning Fork, Goniometer, Stethoscope, Sphygmomanometer, Pen Light, Measuring Tape (Wellspring Bookstore stocks these products) | | | |
| Endeavour Black Polo Shirt (\$29.95) worn with dark trousers or skirt (no jeans/denim or shorts) and closed-in black professional shoes (no runners) | | | |
| MSTC325B Myotherapy Clinical Practicum 4B | | | |
| The Neurodynamics Pack | Butler, D | \$220.00 | \$198.00 |
| Trigger Point Dry Needling: An Evidence and Clinical-Based Approach | Dommerhol, J & César Fernández-de-las-Peñas | \$99.95 | \$89.95 |
| Manual Therapy: NAGS, SNAGS, MWMS etc | Mulligan, B | \$49.95 | \$44.95 |
| Practitioner Seatbelt / Mulligan Belt, Buck Reflex Hammer, 128Hz Tuning Fork, Goniometer, Stethoscope, Sphygmomanometer, Measuring Tape, Pen Light (Wellspring Bookstore stocks these products) | | | |
| Endeavour Black Polo Shirt (\$29.95) worn with dark trousers or skirt (no jeans/denim or shorts) and closed-in black professional shoes (no runners) | | | |

| Book Name | Author | RRP | Student |
|---|---|----------|----------|
| MSTE311 Exercise Therapy and Rehabilitation | | | |
| Diagnosis and Treatment of Movement Impairment Syndromes | Sahrmann, S | \$112.95 | \$101.65 |
| Therapeutic Exercise: Foundations and Techniques (6 th Ed) | Kisner, C & Colby, L | \$134.00 | \$120.60 |
| MSTF121 Foundations of Myotherapy Practice | | | |
| Outcome-based Massage: Putting Evidence into Practice (3 rd Ed) | Andrade, C.K | \$110.50 | \$99.45 |
| Massage Bottle Holster | | \$17.00 | \$15.30 |
| Massage Oil Dispenser | | \$3.95 | \$3.56 |
| MSTM311 Myofascial Dry Needling 1 | | | |
| Trigger Point Dry Needling: An Evidence and Clinical-Based Approach | Dommerholt, J & Fernández-de-las-Peñas, C | \$99.95 | \$89.95 |
| MSTM322 Myofascial Dry Needling 2 | | | |
| Trigger Point Dry Needling: An Evidence and Clinical-Based Approach | Dommerholt, J & Fernández-de-las-Peñas, C | \$99.95 | \$89.95 |
| Biomedical Acupuncture for Sports and Trauma Rehabilitation | Ma, Yun-Tao | \$111.00 | \$99.90 |
| MSTN121 Neurophysiology | | | |
| Neuroscience: Fundamentals for Rehabilitation (4 th Ed) | Lundy-Ekman, L | \$96.50 | \$86.85 |
| The Sensitive Nervous System | Butler, D | \$79.95 | \$71.95 |
| Buck Reflex Hammer, Pen Light, 128Hz Tuning Fork (Wellspring Bookstore stocks these products) | | | |
| MSTN211 Nutrition, Exercise and Lifestyle | | | |
| Essentials of Strength Training and Conditioning (4 th Ed) | Baechle, T & Earle, R | \$154.40 | \$138.95 |
| MSTP211 Introduction to Musculoskeletal Therapies | | | |
| No Set Text | – | – | – |
| MSTR211-14 Myofascial Release | | | |
| Fascial Release for Structural Balance | Earls, J & Myers, T | \$59.95 | \$53.95 |
| Myofascial Release Cream – ‘Myolube’ 100g | | \$18.50 | \$16.65 |
| MSTS221 Sports Injury Management | | | |
| Clinical Sports Medicine (4 th Ed) | Brukner, P & Khan, K | \$145.00 | \$130.50 |
| Neuromusculoskeletal Examination and Assessment | Petty, N.J | \$67.00 | \$60.30 |
| Myofascial Release Cream – ‘Myolube’ 100g | | \$21.95 | \$19.75 |
| MSTS323 Advanced Sports Injury Management | | | |
| Clinical Sports Medicine (4 th Ed) | Brukner, P & Khan, K | \$145.00 | \$130.50 |
| MSTT211-14 Myotherapy for the Lower Body 1 | | | |
| The Concise Book of Trigger Points (3 rd Ed) | Neil-Asher, S | \$48.00 | \$43.20 |
| Musculoskeletal Assessment: Joint Motion and Muscle Testing (3 rd Ed) | Clarkson, H.M | \$93.95 | \$84.55 |
| Trail Guide to Movement: Building the Body in Motion | Biel, A | \$109.00 | \$98.10 |
| Myofascial Release Cream – ‘Myolube’ 100g | | \$21.95 | \$19.75 |
| Goniometer | 10 inch 360 degrees | \$15.95 | \$14.35 |
| MSTT212 Myotherapy for the Upper Body 1 | | | |
| The Concise Book of Trigger Points (3 rd Ed) | Neil-Asher, S | \$48.00 | \$43.20 |



| Book Name | Author | RRP | Student |
|--|---------------------|----------|---------|
| Musculoskeletal Assessment: Joint Motion and Muscle Testing (3 rd Ed) | Clarkson, H.M | \$93.95 | \$84.55 |
| Trail Guide to Movement: Building the Body in Motion | Biel, A | \$109.00 | \$98.10 |
| Myofascial Release Cream – ‘Myolube’ 100g | | \$21.95 | \$19.75 |
| Goniometer | 10 inch 360 Degrees | \$15.95 | \$14.35 |

MSTT223 Myotherapy for the Lower Body 2

| | | | |
|--|-------------------------|---------|---------|
| Maitland's Peripheral Manipulation (5 th Ed) | Hengeveld, E & Banks, K | \$99.95 | \$89.95 |
| Maitland's Vertebral Manipulation (8 th Ed) | Hengeveld, E & Banks, K | \$95.00 | \$85.50 |
| Buck Reflex Hammer, 128 Hz Tuning Fork, Goniometer, Pen Light (all available through Wellspring Bookstore) | | | |

MSTT224 Myotherapy for the Upper Body 2

| | | | |
|--|-------------------------|---------|---------|
| Maitland's Peripheral Manipulation (5 th Ed) | Hengeveld, E & Banks, K | \$99.95 | \$89.95 |
| Maitland's Vertebral Manipulation (8 th Ed) | Hengeveld, E & Banks, K | \$95.00 | \$85.50 |
| Buck Reflex Hammer, 128 Hz Tuning Fork, Goniometer, Pen Light (all available through Wellspring Bookstore) | | | |

MSTT315 Myotherapy for the Axial Skeleton

| | | | |
|---|---|----------|----------|
| Manual Therapy for the Peripheral Nerves | Barral, J.P & Croibier, A | \$95.00 | \$85.50 |
| The Mulligan Concept of Manual Therapy: Textbook of Techniques | Hing, W. Hall, T. Rivett, D Vicenzino, B & Mulligan, B | \$130.00 | \$117.00 |
| 128 Hz Tuning Fork, Practitioner Seatbelt/ Mulligan Belt, Pen Light, Reflex Hammer (all available through Wellspring Bookstore) | | | |

MSTT316 Myotherapy for the Appendicular Skeleton

| | | | |
|---|---|----------|----------|
| Manual Therapy for the Peripheral Nerves | Barral, J.P & Croibier, A | \$95.00 | \$85.50 |
| The Mulligan Concept of Manual Therapy: Textbook of Techniques | Hing, W. Hall, T. Rivett, D Vicenzino, B & Mulligan, B | \$130.00 | \$117.00 |
| 128 Hz Tuning Fork, Practitioner Seatbelt/ Mulligan Belt, Pen Light, Reflex Hammer (all available through Wellspring Bookstore) | | | |

MSTT327 Integrated Myotherapy Techniques

| | | | |
|--|----------------------|---------|---------|
| Mosby's Manual of Diagnostic and Laboratory Tests (6 th Ed) | Pagana, K & Pagana T | \$78.00 | \$70.20 |
| Buck Reflex Hammer, 128 Hz Tuning Fork, Pen Light, Measuring Tape, Stethoscope, Sphygmomanometer, Practitioner Seatbelt/ Mulligan Belt, Goniometer, Myofascial Release Balm (all available through Wellspring Bookstore) | | | |

Musculoskeletal Clinical Studies

Endeavour Black Polo Shirt (\$29.95) worn with dark trousers or skirt (no jeans/denim or shorts) and closed-in black professional shoes (no runners)

NATC321 Naturopathic Clinical Practicum 1

| | | | |
|---|-----------------------|----------|----------|
| Clinical Naturopathy (2 nd Ed) | Sarris, J & Wardle, J | \$114.95 | \$103.45 |
| Thermometer, Sphygmomanometer, Stethoscope, Timing device, Otoscope, Penlight, Percussion (reflex) Hammer, Measuring Tape, Iris Torch, Endeavour White Clinic Coat (all available through Wellspring Bookstore) | | | |

NATC323 Naturopathic Clinical Practicum 1

| | | | |
|---|-----------------------|----------|----------|
| Clinical Naturopathy (2 nd Ed) | Sarris, J & Wardle, J | \$114.95 | \$103.45 |
| Thermometer, Sphygmomanometer, Stethoscope, Timing device, Otoscope, Penlight, Percussion (reflex) Hammer, Measuring Tape, Iris Torch, Endeavour White Clinic Coat (all available through Wellspring Bookstore) | | | |

NATC414 Naturopathic Clinical Practicum 2

| | | | |
|---|-----------------------|----------|----------|
| Clinical Naturopathy (2 nd Ed) | Sarris, J & Wardle, J | \$114.95 | \$103.45 |
| Thermometer, Sphygmomanometer, Stethoscope, Timing device, Otoscope, Penlight, Percussion (reflex) Hammer, Measuring Tape, Iris Torch, Endeavour White Clinic Coat (all available through Wellspring Bookstore) | | | |



Book Name Author RRP Student

NATC425 and NATC425A Naturopathic Clinical Practicum 3A

Clinical Naturopathy (2nd Ed) Sarris, J & Wardle, J \$114.95 \$103.45

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Iris Torch, Endeavour White Clinic Coat (all available through Wellspring Bookstore)

NATC426 and NATC425B Naturopathic Clinical Practicum 3B

Clinical Naturopathy (2nd Ed) Sarris, J & Wardle, J \$114.95 \$103.45

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Iris Torch, Endeavour White Clinic Coat (all available through Wellspring Bookstore)

NATE121 History and Philosophy of Natural Medicine

Holism and Complementary Medicine: Origins and Principles Di Stefano, V \$45.00 \$40.50

Communications Skills Handbook (4th Ed) Summers, J & Smith, B \$48.95 \$44.05

Traditional Medicine: A Global Perspective Kayne, S \$94.50 \$85.00

NATF311 Flower Essence Therapy

The Bach Flowers Today Wells, Mark \$34.95 \$31.45

NATH421 Naturopathic Hydrotherapy

Lectures in Naturopathic Hydrotherapy W. Boyle & A. Saine 75.00 67.50

My Water Cure (Classic text, available open source) Kneipp, S

NATN422 Neuroendocrinology and Fatigue Management

Principles and Practice of Sleep Medicine 2017 (6th Ed) Kryger, M., Roth, T., & Dement, W. \$288.00 \$259.20

NATP111 Naturopathic Philosophy

Nature Cure Lindlahr, H \$29.95 \$26.95

NATP121 Naturopathic Philosophy

Nature Cure Lindlahr, H \$29.95 \$26.95

NMDA321 Nutritional Physiology Research

No Set Text – – –

NMDC221 Clinical Nutritional Medicine

Krause's Food and the Nutrition Care Process (14th Ed) Mahan, L. K. & Raymond, J. L. \$182.00 \$163.80

NMDC311 and NMDC313 Nutritional Medicine Clinical Practicum 1

Krause's Food and the Nutrition Care Process (14th Ed) Mahan, L. K. & Raymond, J. L. \$182.00 \$163.80

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Endeavour White Clinic Coat (all available through Wellspring Bookstore)

NMDC323 and NMDC323a Nutritional Medicine Clinical Practicum 2a

Krause's Food and the Nutrition Care Process (14th Ed) Mahan, L. K. & Raymond, J. L. \$182.00 \$163.80

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Endeavour White Clinic Coat (all available through Wellspring Bookstore)

NMDC324 and 323B Nutritional Medicine Clinical Practicum 2b

Krause's Food and the Nutrition Care Process (14th Ed) Mahan, L. K. & Raymond, J. L. \$182.00 \$163.80

Thermometer, Sphygmomanometer, Stethoscope, Timing Device, Otoscope, Penlight, Reflex Hammer, Measuring Tape, Endeavour White Clinic Coat (all available through Wellspring Bookstore)

| Book Name | Author | RRP | Student |
|--|--|-------------|-------------|
| NMDD221 Dietary Planning across the Lifespan | | | |
| Food & Nutrition Throughout Life (1 st Ed) | Croxford, Itsiopoulos, Forsyth, Belski, Thodis, Shepherd & Tierney | \$85.00 | \$76.50 |
| NMDE211 Energetics of Food | | | |
| Healing with Whole Foods: Asian Traditions and Modern Nutrition | Pitchford, P | \$56.95 | \$51.25 |
| The Energetics of Health: A Naturopathic Assessment | Lloyd, I | \$65.00 | \$58.50 |
| Ayurveda, A Life of Balance: The Complete Guide to Ayurvedic Nutrition and Body Types With Recipes | Tiwari, M | \$42.95 | \$38.65 |
| NMDF121 Foundations of Human Nutrition | | | |
| Understanding Nutrition: Australian And New Zealand Edition (3 rd Ed) | Whitney, E, Rady, S, Rolfes et al | \$149.95 | \$134.95 |
| NMDF211 Nutritional Biochemistry | | | |
| Advanced Nutrition and Human Metabolism (7 th Ed) | Gropper, Sareen S & Smith, JL | \$169.95 | \$152.95 |
| NMDH322 Community Public Health Nutrition | | | |
| Public Health Nutrition: From principles to practice | Lawrence, M & Worsley, T | \$88.00 | \$79.20 |
| NMDM121 Medicinal Food Science | | | |
| Food and Nutrition (3 rd Ed) | Wahlqvist, M | \$88.00 | \$79.20 |
| Understanding Nutrition: Australian And New Zealand Edition (3 rd Ed) | Whitney, E, Rady, S, Rolfes et al | \$149.95 | \$134.95 |
| NMDS111 Sociology of Food | | | |
| A Sociology of Food and Nutrition: The Social Appetite (4 th Ed) | Germov, J & Williams, L | \$99.95 | \$89.95 |
| NMDS122 Sociology of Food for Complementary Medicine | | | |
| A Sociology of Food and Nutrition: The Social Appetite (4 th Ed) | Germov, J & Williams, L | \$99.95 | \$89.95 |
| NMDS311 Sports Nutrition | | | |
| Clinical Sports Nutrition (5 th Ed) | Burke, L & Deakin, V | \$140.00 | \$126.00 |
| NMDW221 Weight Management in Health and Disease | | | |
| A Modern Epidemic: Expert Perspectives on Obesity and Diabetes http://purl.library.usyd.edu.au/sup/9781920899851 | Baur, LA, Twigg SM, Magnusson RS (Eds) | Open Access | Open Access |
| Measuring Tape (available from Wellspring Bookstore) | | \$19.95 | \$17.95 |
| SOCA321 Evidence Based Approaches in Complementary Medicine | | | |
| Clinical Research in Complementary Therapies (2 nd Ed) | Lewith, G, Jonas, W.B, Walach, H | \$80.00 | \$72.00 |
| SOCB311 Behavioural Change and Health Promotion | | | |
| The Handbook of Health Behaviour Change (4 th Ed) | Riekert, KA, Ockene JK & Pbert, L | \$132.00 | \$118.80 |
| SOCE311 Establish & Manage a Practice | | | |
| The Business of Healing (3 rd Ed) | Medhurst, R | \$62.00 | \$55.80 |
| Law and Ethics in Complementary Medicine (5 th Ed) | Weir, M | \$55.00 | \$49.50 |
| SOCF111 Foundations of Communication and Counselling | | | |
| Communication Skills Handbook (4 th Ed) | Summers, J & Smith, B | \$48.95 | \$44.05 |

| Book Name | Author | RRP | Student |
|--|-----------------------------------|----------|----------|
| Communication – Core Interpersonal Skills For Health Professionals (3 rd Ed) | O'Toole, G | \$84.95 | \$76.45 |
| SOCF311 Foundations of Public Health for Complementary Medicine | | | |
| Public Health: Local and Global Perspectives | Liamputtong, P (Ed) | \$81.95 | \$73.75 |
| SOCH111 History of Healing | | | |
| Communication Skills Handbook (4 th Ed) | Summers, J & Smith, B | \$48.95 | \$44.05 |
| Holism and Complementary Medicine: Origins and Principles | Di Stefano, V | \$45.00 | \$40.50 |
| Traditional Medicine A Global Perspective | Kayne, SB | \$94.50 | \$85.00 |
| SOCH311 Foundations of Public Health | | | |
| Public Health: Local and Global Perspectives | Liamputtong, P (Ed) | \$81.95 | \$73.75 |
| SOCI221 Interpersonal Skills of the Helper | | | |
| Therapeutic Communication for Health Care Professionals (4 th Ed) | Tamparo, CD & Lindh, WQ | \$102.95 | \$92.65 |
| SOCL321 Ethics and Law in Complementary Medicine | | | |
| Ethics and Law for the Health Professions (4 th Ed) | Kerridge, I, Lowe, M & Stewart, C | \$99.00 | \$89.10 |
| Foundations of Healthcare Ethics: Theory to Practice | Ozolins, JT & Grainger, JT | \$83.95 | \$75.55 |
| SOCP121 Psychology & Counselling Theory | | | |
| Communication Skills Handbook (4 th Ed) | Summers, J & Smith, B | \$48.95 | \$44.05 |
| Theory and Practice of Counselling and Psychotherapy (10 th Ed) | Corey, G | \$131.00 | \$117.90 |
| SOCQ121 Foundations of Critical Inquiry | | | |
| How To Read A Paper (5 th Ed) | Greenhalgh, T | \$71.95 | \$64.75 |
| Communication Skills Handbook (4 th Ed) | Summers, J & Smith, B | \$48.95 | \$44.05 |
| RESE511 Research Proposal & Ethics | | | |
| Introduction to Health Research Methods: A Practical Guide | Jacobsen, K H | \$124.95 | \$112.45 |
| RESM511 Research Methodology | | | |
| Research Methods in Information (2 nd Ed) | Pickard, A | \$105.00 | \$94.50 |
| RESP521 Research Project | | | |
| Introduction to Health Research Methods: A Practical Guide | Jacobsen, KH | \$124.95 | \$112.45 |
| RESW511 Advanced Academic Writing | | | |
| Introduction to Health Research Methods: A Practical Guide | Jacobsen, KH | \$124.95 | \$112.45 |
| WHMC311 Clinical Herbal Medicine Management and Prescription | | | |
| Herbs and Natural Supplements Vol I & II (4 th Ed) | Braun, L & Cohen, M | \$110.00 | \$99.00 |
| Principles and Practice of Phytotherapy: Modern Herbal Medicine (2 nd Ed) (ebook only available online) | Bone, K | \$93.00 | |
| WHMF112 Herbal Medicine <i>Materia Medica</i> 1 | | | |
| Materia Medica Of Western Herbs (2 nd Ed) | Fisher, C | \$110.00 | \$99.45 |
| Herbs and Natural Supplements Vol I & II (4 th Ed) | Braun, L & Cohen, M | \$110.00 | \$99.45 |

WHMF121 Herbal Botany and Manufacturing

| | | | |
|---|-------------------|---------|---------|
| Herbal Manufacturing: How To Make Medicines from Plants | Adams, J & Tan, E | \$36.95 | \$33.25 |
| Botany for Gardeners (3 rd Ed) | Capon, B | \$30.00 | \$27.00 |

WHMF123 Herbal Botany

| | | | |
|---|----------|---------|---------|
| Botany for Gardeners (3 rd Ed) | Capon, B | \$30.00 | \$27.00 |
|---|----------|---------|---------|

WHMF124 Herbal Therapeutic Preparations

| | | | |
|---|-------------------|---------|---------|
| Herbal Manufacturing: How To Make Medicines from Plants | Adams, J & Tan, E | \$36.95 | \$33.25 |
|---|-------------------|---------|---------|

WHMF212 Herbal Medicine *Materia Medica 2*

| | | | |
|---|---------------------|----------|---------|
| Materia Medica Of Western Herbs (2 nd Ed) | Fisher, C | \$110.00 | \$99.45 |
| Herbs and Natural Supplements Vol I & II (4 th Ed) | Braun, L & Cohen, M | \$110.00 | \$99.00 |

WHMF221 Herbal Medicine Pharmacology and Pharmacognosy

| | | | |
|---|--|---------|---------|
| Fundamentals of Pharmacognosy and Phytotherapy (2 nd Ed) | Heinrich, M, Barnes, J Gibbons, S & Williamson, E | \$64.95 | \$58.45 |
| Constituents of Medicinal Plants (2 nd Ed) | Pengelly, A | \$46.95 | \$42.25 |

WHMF314 Advanced Herbal Medicine

| | | | |
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| No Set Text | - | - | - |
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WHMI311 Indigenous Plant Medicine

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