

SUBJECT OUTLINE



Subject Name:

Introduction to Chinese Medicine 2

Subject Code:

CMPF122

SECTION 1 – GENERAL INFORMATION

Award/s:	Bachelor of Complementary Medicine	Total course credit points:	48	Level:	3 rd Year
Duration:	1 Semester				
Subject Coordinator:	Dr Francesco Pennisi (Brisbane campus)				
Subject is:	Elective	Subject Credit Points:	2		

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
3	2	5

Delivery Mode:

E-Learning	Narrated Powerpoint presentations Assessed asynchronous tutor moderated discussion forum and self-managed activities Student handouts, web resources
Full Time	
Part Time	

Pre-requisites: CMPF121

Co-requisites: Nil

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

Introduction to Chinese Medicine 2 builds on the core philosophies and principles underpinning Chinese Medicine practice introduced in 'Introduction to Chinese Medicine 1' (CMPF121). Students will broaden their understanding of concepts previously introduced into a practitioner based perspective, developing theories of the essential substances. By subject conclusion students will be capable of identifying key characteristics of Zang Xiang (Zang Fu) theory.

Learning Outcomes

1. Explain the concepts and principles underlying traditional Chinese medicine balance, structure and function as they relate to fundamental substances.
2. Outline and discuss Zang Xiang (Zang Fu) theory, philosophy and principles and their application in Chinese medicine practice.
3. Describe and discuss the interrelationships between the Zang Fu within the framework of the Five Elements and the application of the Eight Principles in Chinese medicine practice.
4. Discuss the basic philosophies and principles of Chinese Medicine health enhancement

Assessment Tasks

Type	Learning Outcomes Assessed	Weeks Content Delivered	Week Due	Weighting
Online Forum 5 forum posts, 150 words each, based on weekly content	1-4	1-13	1-13	20%

Online Quiz 1 Multiple choice questions, short answer questions, extended response questions (30 mins)	1-2	1-6	Sunday following Week 7	20%
Written Assignment (Maximum 1000 words)	1-3	1-12	Sunday following Week 13	40%
Online Quiz 2 Multiple choice questions, short answer questions, extended response questions (30 mins)	1-4	7-13	Sunday following Week 14	20%

Prescribed readings:

1. Macioca, G. (2015). *The foundations of Chinese medicine* (3rd ed.). Edinburgh, Scotland: Churchill Livingstone Elsevier.
2. Qiao, Y., & Stone, A. (2008). *Traditional Chinese medicine diagnosis study guide*. Seattle, WA: Eastland Press.
3. Summers, J., & Smith, B. (2014). *Communication skills handbook* (4th ed.). Milton, QLD: Wiley & Sons.

Recommended readings:

1. Macioca, G. (2008). *The practice of Chinese medicine: treatment of disease with acupuncture and Chinese herbs* (2nd ed.). Edinburgh: Elsevier Churchill Livingstone. [ebook available]

Subject Content	
Week	Lecture
1.	Review of Chinese Medicine concepts and pathology Chinese medicine – The vital substances: <ul style="list-style-type: none"> • Qi - definition, production, function, implications, and relevance to Chinese medicine • Blood - definition, production, function, implications, and relevance to Chinese medicine.
2.	Chinese medicine – The vital substances: <ul style="list-style-type: none"> • Jin Ye - definition, production, function, implications, and relevance to Chinese medicine • Essence/Jing - definition, production, function, implications, and relevance to Chinese medicine.
3.	Chinese medicine - Zang Xiang theory, physiology and mechanics: <ul style="list-style-type: none"> • Lung function, physiology, implications and relevance to Chinese medicine.
4.	Chinese medicine - Zang Xiang theory, physiology and mechanics: <ul style="list-style-type: none"> • Spleen function, physiology, implications and relevance to Chinese medicine.
5.	Chinese medicine – Zang Xiang theory, physiology and mechanics: <ul style="list-style-type: none"> • Heart function, physiology, implications and relevance to Chinese medicine. • Pericardium function, physiology, implications and relevance to Chinese medicine.
6.	Chinese medicine - Zang Xiang theory, physiology and mechanics: <ul style="list-style-type: none"> • Liver function, physiology, implications, and relevance to Chinese medicine.
7.	Online Quiz 1 Chinese medicine - Zang Xiang theory, physiology and mechanics: <ul style="list-style-type: none"> • Kidney function, physiology, implications, and relevance to Chinese medicine.
NON-TEACHING WEEK (note that make-up classes may be scheduled in this week)	

Online students - The break week falls between Weeks 7 and 8.	
8.	Chinese medicine - Zang Xiang theory, physiology and mechanics: <ul style="list-style-type: none"> • Stomach function, physiology, implications and relevance to Chinese medicine. • Small Intestine function, physiology, implications and relevance to Chinese medicine. • Large intestine function, physiology, implications and relevance to Chinese medicine.
9.	Chinese medicine - Zang Xiang theory, physiology and mechanics: <ul style="list-style-type: none"> • Gall Bladder function, physiology, implications and relevance to Chinese medicine • Bladder function, physiology, implications and relevance to Chinese medicine. • Triple Energiser function, physiology, implications and relevance to Chinese medicine.
10.	Chinese medicine – Six Extraordinary Fu: <ul style="list-style-type: none"> • Functions, physiology, implications and relevance to Chinese medicine. • Inter-relationship between Six extraordinary Fu and Zang Fu.
11.	Chinese medicine – The eight principles: <ul style="list-style-type: none"> • Theory to diagnostic system • Principles of diagnostic system: <ul style="list-style-type: none"> ○ Internal/ External ○ Yin/ Yang ○ Hot/ Cold ○ Excess/ Deficiency
12.	Core theories of Chinese medicine: Wu Xing theory, philosophy and principles as they relate to Chinese medicine practice.
13.	Chinese medicine – TCM Health Enhancement: <ul style="list-style-type: none"> • Philosophies and principles underpinning practice • Vital substance considerations • Zang Fu considerations • Jing luo considerations • Six pathogen considerations • Basic considerations for ensuring good health from a TCM perspective.
14.	Online Quiz 2 Non-Teaching Week / Practical Examination Week 1
15.	Non-Teaching Week / Practical Examination Week 2
16-17.	Final Exam Weeks 1 & 2 There is no final exam for this subject.