SECTION 1 - GENERAL INFORMATION

Award/s: Bachelor of Health Science (Nutritional and Dietetic Medicine)  
Total Course Credit Points: 96  
Level: 3rd Year

Duration: 1 Semester

Subject Coordinator: Moira Bradfield (Gold Coast campus)

Student Workload:

<table>
<thead>
<tr>
<th>No. timetabled hours per week</th>
<th>No. personal study hours per week</th>
<th>Total hours per week</th>
</tr>
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<tbody>
<tr>
<td>9</td>
<td>6</td>
<td>15</td>
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Delivery Mode:

Face to Face (On campus)  
3 x 3 hour clinical practicum

Intensive Delivery (Summer School)  
Contact hours are delivered over 6 weeks with 3 x 6.5 hour days delivered per week

Content: Clinical practicum

Assessment: Attendance - Weeks 1-6; Mid-semester Reflective Review Presentations - Week 3; Case Study - Weeks 3; Professional Narrative - Week 4; Final Reflective Review Presentations - Week 6

Full Time

Part Time

Pre-requisites: NMDD221, SOCI221, NMDS311, NMDC313, NMDA321

Co-requisites: Nil

Special Resource Requirements:

- HLTAID003 Provide first aid (VET unit of competency)
- Mandatory LMS-based clinic induction and quiz
- Minimum of three clients as per the Clinic Client Recruitment Policy to demonstrate the students’ self and clinic promotion
- Professional Dress Standards as described by Wellnation Clinic Student Handbook

Wellnation Clinic Student Handbook

WWCC (or its equivalent) for the location in which subject is undertaken as per Working with Children Check Policy

Kit items include:
- Endeavour white clinic coat
- Measuring tape
- Otoscope
- Penlight
- Percussion reflex hammer
- Sphygmomanometer
- Stethoscope
- Thermometer
SECTION 2 – ACADEMIC DETAILS

Subject Rationale

Clinic students practise nutritional medicine under the supervision of qualified practitioners in the Endeavour Teaching Clinics, by taking the lead in client assessment and care. Practical application of nutritional medicine clinical skills such as history taking, education of the client about nutritional medicine and the general course of treatment, nutritional medicine assessment techniques, pathology testing and conventional physical examination techniques, guide the student in developing an individual treatment plan. Client follow-up is expected along with background research on each client’s condition and evidence-informed treatment options conducted between client visits. Students apply holistic medicine theory and principles in case management with diverse clients and the range of acute and chronic conditions that present in our clinics. NMDC323A and NMDC323B together comprise the senior clinical practicum and are split to facilitate part-time study options.

Learning Outcomes

1. Apply holistic nutritional medicine philosophy, principles, ethical and professional values, knowledge and skills to the assessment and management of clients in a clinical setting.
2. Critically evaluate diagnostic and treatment options based on totality of professional education thus far, along with review of relevant research, clinical experience, ethical and cultural considerations and client preferences to construct a suitable and effective treatment plan.
3. Display appropriate professionalism while maintaining a therapeutic relationship with the client when faced with ethical or boundary issues in clinical practice.
4. Conduct and observe nutritional medicine consultations to elicit clinical data essential to establish appropriate client management options.
5. Develop high level communication skills to present well considered and integrated evidence-based clinical knowledge.
6. Model professionalism and entrepreneurial attributes in business and professional practice; including Work Health and Safety (WHS) standards, office reception, clinical procedures, dispensing and marketing.

Assessment Tasks

<table>
<thead>
<tr>
<th>Type</th>
<th>Learning Outcomes Assessed</th>
<th>Session Content Delivered</th>
<th>Due</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance (100% required)</td>
<td>N/A</td>
<td>N/A</td>
<td>Sessions 1-13</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Case Study (1500 words)</td>
<td>1-2, 4-5</td>
<td>1-13</td>
<td>Week 7</td>
<td>30%</td>
</tr>
<tr>
<td>Mid-semester Reflective Review Presentations (5 minutes)</td>
<td>1-6</td>
<td>1-18</td>
<td>Sessions 19-27</td>
<td>25%</td>
</tr>
<tr>
<td>Professional Narrative (750 words)</td>
<td>1, 3, &amp; 5</td>
<td>1-27</td>
<td>Week 10</td>
<td>20%</td>
</tr>
<tr>
<td>Final Reflective Review Presentations (5 minutes)</td>
<td>1-6</td>
<td>19-39 (as per clinical timetable)</td>
<td>Sessions 37-39</td>
<td>25%</td>
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All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS
The overall pass rate for this subject is 50%

Prescribed Readings:

Recommended Readings:
<table>
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<tr>
<th>Week</th>
<th>Clinical Practicum</th>
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| 1-13. | Clinic practicum goes from Week 1 to Week 13 with a one week non-teaching week around Weeks 6-8 in Semester 1 (depending on Easter) or between Weeks 7 & 8 in Semester 2. Mid-semester reviews are conducted Weeks 7-9 and students are presented with written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics, and marks are aggregated to provide a single grade. Final reviews of clinical practicum are conducted in Week 13 and students are presented with further written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics, and marks are aggregated to provide a single grade. In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum. During Nutritional Medicine Clinical Practicum students will practice under supervision either individually or in pairs:  
- Conducting clinical consultations and observations  
- Good practitioner-client communication  
- Give short, oral presentations to supervisor and student peers in relation to client management and professional practice  
- Case taking  
- Clinical examination skills  
- Interpretation of biomedical and functional test results  
- Differential diagnosis  
- Developing individualised treatment plans  
- Appropriate referral  
- Presentation to supervisor and obtaining approval for treatment plan  
- Office management skills, dispensing and reception duties  
- Observing all clinic policy and procedure  
- Participating in debriefing sessions at the conclusion of each clinical practicum to identify any important issues  |

14. **Non-Teaching Week/Practical Examination Week 1**
   Note that make-up classes may be scheduled in this week

15. **Non-Teaching Week/Practical Examination Week 2**
   Note that make-up classes may be scheduled in this week

16. **Final Examination Week 1**
   There is no final exam for this subject

17. **Final Examination Week 2**
   There is no final exam for this subject