

## SUBJECT OUTLINE



Subject Name:

### Traditional Chinese Medicine Assessment and Differentiation

Subject Code:

**CMPR121**

#### SECTION 1 – GENERAL INFORMATION

Award/s:

Bachelor of Health Science (Acupuncture)

Total course credit points:

128

Level:

1<sup>st</sup> Year

Duration:

1 Semester

Subject Coordinator: Dr Emma Iwinska (Brisbane campus)

Subject is: Core

Subject Credit Points: 4

#### Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
6	4	10

Delivery Mode:

Face to face                      2 x 3 hour lectures

Full Time

Part Time

Pre-requisites:    CMPR112, CMPR113

Co-requisites:     Nil

#### SECTION 2 – ACADEMIC DETAILS

##### Subject Rationale

Traditional Chinese Medicine Assessment and Differentiation overviews the core philosophies and principles of Chinese medicine practice. Students will explore and understand Chinese medical diagnostic methods and pattern differentiation theories. Understanding and application of these diagnostic paradigms will be further enhanced through the development of clinical skills associated with four diagnostic methods.

##### Learning Outcomes

1. Define the purpose of the four diagnostic methods and when these approaches are applicable in Chinese medicine practice.
2. Consistently demonstrate knowledge and skill in the application of the four diagnostic methods and how these relate to specific Chinese medicine diagnoses.
3. Identify and explain the key concepts and differentiating factors associated with a range of traditional Chinese medicine diagnostic patterns.
4. Identify and discuss differing views on traditional Chinese medicine aetiologies, disease mechanisms, transmissions and pathogenesis.
5. Construct an accurate Chinese medical diagnostic conclusion.

##### Assessment tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Week Due	Weighting
Quiz	1-5	1-12	Sunday following week	30%

(1 hour)			5	
<b>Assignment</b> Diagnostic folio and case study analysis (Word Count 2000)	1-5	1-26	Sunday following Week 12	30%
<b>Final Written Exam</b> (2 hours)	1-5	1-26	Final Exam Period	40%

#### Prescribed readings:

1. Maciocia, G. (2015). *The foundations of Chinese medicine* (3rd ed.). Edinburgh, Scotland: Churchill Livingstone. [ebook available]
2. Qiao, Y., & Stone, A. (2008). *Traditional Chinese medicine diagnosis study guide*. Seattle, WA: Eastland Press.
3. Summers, J., & Smith, B. (2014). *Communication skills handbook* (4th ed.). Milton, Qld: Wiley & Sons.

#### Recommended readings:

1. Kaptchuk, T. (2000). *Chinese medicine: the web that has no weaver*. London, England: Rider.
2. Wang, B., & Wu, L. (1997). *Yellow Emperor's canon of internal medicine*. Beijing, China: Chinese Science & Technology Press.
3. Wang, H. (2010). *Diagnostics of traditional Chinese medicine*. London, England: Singing Dragon. [ebook available]
4. Wu, H.Z. (2013). *Fundamentals of traditional Chinese medicine*. Hackensack, NJ: World Century. [ebook available]

Subject Content		
Week	Lectures	Tutorial
1.	Session 1 <ul style="list-style-type: none"> <li>• Review of Chinese Medicine physiology</li> <li>• Concepts of Chinese Medicine Diagnosis.</li> </ul>	<b>Activity</b> <ul style="list-style-type: none"> <li>– Overview, expectations and subject outcomes</li> <li>– Questions and discussion about assessments</li> </ul>
	Session 2 <ul style="list-style-type: none"> <li>• CM pathophysiology</li> </ul>	<b>Activity</b> – Strengths and weaknesses of Chinese Medicine and Western Medicine diagnosis and pathophysiology.
2.	Session 3 The four diagnostic methods: <ul style="list-style-type: none"> <li>• Inspection of the whole body</li> <li>• Inspection in detail</li> </ul>	<b>Activity</b> – Physical observation
	Session 4 The four diagnostic methods: <ul style="list-style-type: none"> <li>• Inspection of the tongue</li> </ul>	<b>Activity</b> – Tongue diagnosis
3.	Session 5 The four diagnostic methods: <ul style="list-style-type: none"> <li>• Palpation – Pulse</li> </ul>	<b>Activity</b> – Pulse diagnosis
	Session 6 The four diagnostic methods: <ul style="list-style-type: none"> <li>• Palpation - Abdomen</li> <li>• Palpation - Channel and Points</li> </ul>	<b>Activity</b> – Abdominal and channel palpation
4.	Session 7	<b>Activity</b> – Open and closed questioning

	The four diagnostic methods: <ul style="list-style-type: none"> <li>• Inquiry</li> </ul>	
	Session 8 The four diagnostic methods: <ul style="list-style-type: none"> <li>• Listening</li> <li>• Smelling</li> </ul>	<b>Activity</b> <ul style="list-style-type: none"> <li>– Listening and Smelling.</li> <li>– Review of all 4 diagnostic methods.</li> </ul>
5.	Session 9 Lung: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
	Session 10 Spleen: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
6.	Session 11 Stomach: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
	Session 12 Large Intestine: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
7.	Session 13 Small Intestine: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
	Session 14 Liver: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
<b>NON-TEACHING WEEK</b> (note that make-up classes may be scheduled in this week) <b>Semester 1</b> - This aligns with the week after Easter so it may fall between weeks 6 to 8. <b>Semester 2</b> - The break week falls between Weeks 7 and 8.		
8.	Session 15 Gallbladder: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation
	Session 16 Kidney: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
9.	Session 17 Bladder: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.

	Session 18 Triple Energiser: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
10.	Session 19 Heart: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
	Session 20 Pericardium: <ul style="list-style-type: none"> <li>• Zang fu pattern differentiation</li> <li>• Jing Luo pattern differentiation</li> </ul>	<b>Activity</b> – Diagnosis and pattern differentiation.
11.	Session 21 Wu Xing (Five Elements): <ul style="list-style-type: none"> <li>• Sheng pattern differentiation</li> <li>• Ke pattern differentiation</li> </ul>	<b>Activity</b> - Diagnosis and pattern differentiation.
	Session 22 Vital Substances: <ul style="list-style-type: none"> <li>• Pattern differentiation according to Qi</li> <li>• Pattern differentiation according to Xue</li> <li>• Pattern differentiation according to Jin Ye</li> </ul>	<b>Activity</b> - Diagnosis and pattern differentiation.
12.	Session 23 External pathogenic factors: <ul style="list-style-type: none"> <li>• Heat/Fire pattern differentiation</li> <li>• Cold pattern differentiation</li> <li>• Wind pattern differentiation</li> <li>• Damp pattern differentiation</li> <li>• Summer-heat pattern differentiation</li> <li>• Dryness pattern differentiation</li> </ul>	<b>Activity</b> - Diagnosis and pattern differentiation.
	Session 24 Six divisions: <ul style="list-style-type: none"> <li>• Six division theory</li> <li>• Tai Yang pattern differentiation</li> <li>• Shao Yang pattern differentiation</li> <li>• Yang Ming pattern differentiation</li> <li>• Tai Yin pattern differentiation</li> <li>• Shao- Yin pattern differentiation</li> <li>• Jue Yin pattern differentiation</li> </ul>	<b>Activity</b> <ul style="list-style-type: none"> <li>– Developing connections. Identify and discuss how CM and WM disease states may be associated with each of the Six divisions.</li> <li>– Diagnosis and pattern differentiation of real patients.</li> </ul>
13.	Session 25 Four Levels: <ul style="list-style-type: none"> <li>• Wei pattern differentiation</li> <li>• Qi pattern differentiation</li> <li>• Ying pattern differentiation</li> <li>• Xue pattern differentiation</li> </ul>	<b>Activity</b> <ul style="list-style-type: none"> <li>– Discussion of warm disease theory and how it relates to public health. Analyse each of the four levels in your discussion and provide examples</li> <li>– Diagnosis and pattern differentiation.</li> </ul>

	Sesssion 26 Diagnostic Laboratory: <ul style="list-style-type: none"> <li>• Diagnosis and treatment approaches</li> <li>• Case Studies and consolidating knowledge</li> </ul>	<b>Activity</b> - Diagnosis and pattern differentiation of real patients.
<b>14-15.</b>	<b>Non-Teaching Week / Practical Exam Weeks. Note that make-up classes may be scheduled in these weeks.</b>	
<b>16-17.</b>	<b>Final Exam Weeks 1 &amp; 2</b> <b>Online enrolled students:</b> You are required to sit examinations on campus per the <b>Examination Policy - Higher Education</b> . The Exam Week for subjects offered online is identified in the Online Calendar.	