

# SUBJECT OUTLINE



Subject Name:

Subject Code:

## Point Location

**CMAC121**

### SECTION 1 – GENERAL INFORMATION

**Award/s:** Bachelor of Health Science (Acupuncture) **Total course credit points:** 128 **Level:** 1<sup>st</sup> Year  
**Duration:** 1 Semester  
**Subject Coordinator:** Dr Debra Godson (Brisbane campus)  
**Subject is:** Core **Subject Credit Points:** 4

#### Student Workload:

<b>No. timetabled hours per week:</b> 6	<b>No. personal study hours per week:</b> 4	<b>Total hours per week:</b> 10
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#### Delivery Mode:

Face to face                      2 x 3 hours practical  
Full Time  
Part Time

**Pre-requisites:** CMAC111, MSTA121

**Co-requisites:** Nil

**Special resource requirements:** Two bath-sheet sized towels per student (Clinic towels must not be used)

### SECTION 2 – ACADEMIC DETAILS

#### Subject Rationale

Point Location follows from Channel Theory (CMAC111) and introduces additional concepts, TCM knowledge and practical skills. Chinese terminology and basic theory associated with point categories and individual acupuncture points are covered. Students learn how to locate acupuncture points on a human model using anatomical landmarks and proportional measurements. Students learn actions, indications, contraindications and cautions associated with specific acupuncture points.

#### Learning Outcomes

1. Define and describe terminology and theory associated with the primary acupuncture points.
2. Demonstrate knowledge and skill in locating acupuncture points from the 14 primary channels and common extra (non-channel) points on fellow students.
3. Define and demonstrate knowledge of point categories, actions, indications, contraindications and cautions related to acupuncture points.
4. Apply point categories, actions and indications to basic Chinese medicine case studies.
5. Apply work health and safety practices.
6. Evaluate patient individual needs and modify practices showing due respect for privacy, cultural and other differences in line with CMBA Code of Conduct.

#### Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Session Due	Weighting
Continuous Skill Development	1-6	1-26	Weekly	Pass/Fail

(80% attendance and active participation required)				
<b>Practical Examination 1</b> (30 minutes)	2,5,6	1-12	14	30%
<b>Practical Examination 2</b> (30 minutes)	2,5,6	15-26	Practical Exam Period	40%
<b>Final Written Exam</b> (2 hours)	1-6	1-26	Final Exam Period	30%

#### Prescribed readings:

1. Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Hove, East Sussex: Journal of Chinese Medicine Publications. [Available as mobile app 2009 - or text 2007]
2. Summers, J., & Smith, B. (2014). *Communication skills handbook* (4th ed.). Milton, Qld: Wiley & Sons.

#### Recommended readings:

1. Campbell, J. (2008). *Acupuncture channels and points: An interactive study and reference manual*. Sydney, NSW: Churchill Livingstone.
2. Chinese Medicine Board of Australia. (2014). *Code of conduct*. Retrieved from <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Code-of-conduct.aspx>
3. Chinese Medicine Board of Australia. (2016). *Infection prevention and control guidelines for acupuncture practice*. Retrieved from <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx>
4. Guo, C. 2008 *Anatomical illustration of acupuncture points*, People's Medical Publishing House, Beijing.
5. Jarmey, C., & Bouratinos, I. (2008) *A Practical Guide to Acupoints*. Lotus Publishing.
6. Lian, Y., Chen, C., Hammes, M., & Kolster, B. (2005). *Pictorial Atlas of Acupuncture*, H.F.Ullmann, Potstam.
7. Maciocia, G. (2006). *The channels of acupuncture: Clinical use of the secondary channels and eight extraordinary vessels*. Edinburgh, UK: Churchill Livingstone.
8. World Health Organisation. (2008). *WHO standard acupuncture point locations in the Western Pacific Region*. Manila, Philippines: World Health Organization.

## Subject Content

Week	Practical
1.	<b>Session 1</b> Work Health and Safety Overview of Jing Luo system Overview the course of the 12 main jing (channels), Conception (Ren) vessel and Governor (Du) vessel
	<b>Session 2</b> Introduction to point categories Hand Tai Yin (Lung channel) <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
2.	<b>Session 3</b> 5 Shu Command Points

	<p>Hand Jue Yin (Pericardium channel)</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
	<p><b>Session 4</b></p> <p>Xi Cleft Points</p> <p>Luo Connecting Points</p> <p>Hand Shao Yin (Heart channel)</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
3.	<p><b>Session 5</b></p> <p>Hand Yang Ming (Large Intestine channel) 1</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> </ul>
	<p><b>Session 6</b></p> <p>Yuan Source points</p> <p>Command Points</p> <p>Hand Yang Ming (Large Intestine channel) 2</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
4.	<p><b>Session 7</b></p> <p>Hand Shao Yang (Triple Energiser channel) 1</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> </ul>
	<p><b>Session 8</b></p> <p>Confluent Points</p> <p>Influential (Hui Meeting) Points</p> <p>Hand Shao Yang (Triple Energiser channel) 2</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
5.	<p><b>Session 9</b></p> <p>Hand Tai Yang (Small Intestine channel) 1</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> </ul>
	<p><b>Session 10</b></p> <p>Miscellaneous Point Categories</p> <p>Hand Tai Yang (Small Intestine channel) 2</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
6.	<p><b>Session 11</b></p>

	<p>Front Mu Points</p> <p>Conception Vessel (Ren Mai)</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
	<p><b>Session 12</b></p> <p>Meeting points</p> <p>Governor Vessel (Du Mai)</p> <p>Common extra (non-channel) points of the arm, chest and abdomen</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
7.	<p><b>Session 13</b></p> <p>Revision of content from sessions 1 - 12</p>
	<p><b>Session 14</b></p> <p><b>Practical Examination 1</b></p> <p>Students will be randomly paired in groups and prac exams scheduled by the lecturer over the 3 hour session.</p>
	<p><b>NON-TEACHING WEEK</b></p> <p><b>Semester 1</b> - This aligns with the week after Easter so it may fall between weeks 6 to 8.</p> <p><b>Semester 2</b> - The break week falls between Weeks 7 and 8.</p>
8.	<p><b>Session 15</b></p> <p>Tai Yin (Spleen channel)</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
	<p><b>Session 16</b></p> <p>Foot Jue Yin (Liver channel)</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
9.	<p><b>Session 17</b></p> <p>Foot Shao Yin (Kidney channel)</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions, indications and contraindications</li> <li>• Case study</li> </ul>
	<p><b>Session 18</b></p> <p>Leg yin channels</p> <ul style="list-style-type: none"> <li>• Point palpation and location</li> <li>• Point categories</li> <li>• Point actions and indications</li> </ul>
10.	<p><b>Session 19</b></p>

	Foot Yang Ming (Stomach channel) 1 <ul style="list-style-type: none"> <li>Point palpation and location</li> </ul>
	<b>Session 20</b> Lower He Sea points Foot Yang Ming (Stomach channel) 2 <ul style="list-style-type: none"> <li>Point palpation and location</li> <li>Point categories</li> <li>Point actions, indications and contraindications</li> <li>Case study</li> </ul>
11.	<b>Session 21</b> Foot Shao Yang (Gallbladder channel) 1 <ul style="list-style-type: none"> <li>Point palpation and location GB1 - GB30</li> </ul>
	<b>Session 22</b> Foot Shao Yang (Gallbladder channel) 2 <ul style="list-style-type: none"> <li>Point palpation and location all Gallbladder channel points</li> <li>Point categories</li> <li>Point actions, indications and contraindications</li> <li>Case study</li> </ul>
12.	<b>Session 23</b> Back Shu points Foot Tai Yang (Bladder channel) 1 <ul style="list-style-type: none"> <li>Point palpation and location BL1 - BL35</li> <li>Point categories</li> </ul>
	<b>Session 24</b> Foot Tai Yang (Bladder channel) 2 <ul style="list-style-type: none"> <li>Point palpation and location BL36 - BL67</li> <li>Point categories</li> <li>Point actions, indications and contraindications</li> <li>Case study</li> </ul>
13.	<b>Session 25</b> Common extra (non-channel) points of the leg, neck, head and back Foot Tai Yang (Bladder channel) 3 <ul style="list-style-type: none"> <li>Point palpation and location of all Bladder channel points</li> <li>Point palpation and location of selected extra ( non-channel) points</li> </ul>
	<b>Session 26</b> Revision of content from sessions 15 - 26
14.	<b>Non-Teaching Week / Practical Exam Week 1. Note that make-up classes may be scheduled in this week.</b>
15.	<b>Non-Teaching Week / Practical Exam Week 2. Note that make-up classes may be scheduled in this week.</b>
16.	<b>Final Exam Week 1</b> Please refer to the Exam Timetable for your local campus for the exact day and time of exam.
17.	<b>Final Exam Week 2</b> Please refer to the Exam Timetable for your local campus for the exact day and time of exam.