

SUBJECT OUTLINE



Subject Name:

Acupuncture Channel Theory

Subject Code:

CMAC111

SECTION 1 – GENERAL INFORMATION

Award/s:

Bachelor of Health Science (Acupuncture)

Total course credit points:

128

Level:

1st Year

Duration: 1 Semester

Subject Coordinator: Dr Debra Godson (Brisbane campus)

Subject is: Core

Subject Credit Points: 2

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
3	2	5

Delivery Mode:

Face to face 1 hour lecture 2 hours practical
Full Time
Part Time

Pre-requisites: Nil

Co-requisites: MSTA121

Special resource requirements: Two bath-sheet sized towels per student (clinic towels must not be used)
One hand towel (for face cradle)
One pillow case
Chinagraph pencil or non-toxic water based marker

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject develops the theory of Jing Luo (channels and collaterals), including the structure and course of the Jing Luo and the eight extra meridians, throughout the body utilising anatomical landmarks and key acupuncture points as reference. Students will learn actions and indications for the channels as well as their interrelationships and interconnections. This subject is the foundation for CMAC121 Point Location, and CMAC212 Point Classification and Prescription.

Learning Outcomes

1. Define and discuss basic channel (jing) and collateral (luo) theory.
2. Demonstrate knowledge and skill when locating key channels (jing) on fellow students.
3. Apply channel (jing) and collateral (luo) theory to simple Chinese medicine case studies.
4. Demonstrate ability to conduct proportional measurements when locating channels and acupuncture points.
5. Apply work health and safety practices.
6. Evaluate patient individual needs and modify practices showing due respect for privacy, cultural and other differences in line with CMBA Code of Conduct.

Assessment Tasks				
Type	Learning Outcomes Assessed	Week Content Delivered	Week Due	Weighting
Continuous Skill Development (80% attendance and active participation required)	2,4,5,6	1-13	1-13	Pass/Fail
Practical Examination 1	2,4,5,6	2-5	7	30%
Practical Examination 2	2,4,5,6	8-12	Practical Exam Period	30%
Written Exam (2 hours)	1-6	1-13	Final Exam Period	40%

Prescribed readings:

1. Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Hove, East Sussex: Journal of Chinese Medicine Publications. [Available as mobile app 2009 - or text 2007]
2. Summers, J., & Smith, B. (2014). *Communication skills handbook* (4th ed.). Milton, Qld: Wiley & Sons.

Recommended readings:

1. Argosy Publishing. (2017). *Visible body: Human anatomy atlas*. Retrieved from <http://www.visiblebody.com/index.htm>
2. Campbell, J. (2008). *Acupuncture channels and points: An interactive study and reference manual*. Sydney, NSW: Churchill Livingstone.
3. Chinese Medicine Board of Australia. (2014). *Code of conduct*. Retrieved from <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Code-of-conduct.aspx>
4. Legge, D. (2010). *Jing-jin: Acupuncture treatment of the muscular system using the meridian sinews*. Woy Woy, NSW: Sydney College Press.
5. Maciocia, G. (2006). *The channels of acupuncture: Clinical use of the secondary channels and eight extraordinary vessels*. Edinburgh, UK: Churchill Livingstone.
6. World Health Organisation. (2008). *WHO standard acupuncture point locations in the Western Pacific Region*. Manila, Philippines: World Health Organization.

Subject Content		
Week	Lecture	Practical
1.	General introduction <ul style="list-style-type: none"> • The concept of Jing Luo • Acupuncture terminology • Qi in TCM • Distribution of Jing luo (channels and collaterals) • Channel Classification • CMBA Code of Conduct • Work Health and Safety • Basics of Infection Prevention and Control 	<ul style="list-style-type: none"> • Yin-Yang surfaces of the body • Introduction to WH&S and its procedures • Appropriate practice procedures including: <ul style="list-style-type: none"> ○ Lifting techniques ○ Table positioning ○ Draping
2.	Introduction to Internal and external pathways, connecting channels, sinew	<ul style="list-style-type: none"> • Identify the course of the Lung, Pericardium and Heart

	channels divergent channels and cutaneous regions. Anatomical positions and directional terms Introduction to Cun Measurement Introduction to actions and indications Lung channel system (Hand Tai Yin) Pericardium channel system (Hand Jue Yin) Heart channel system (Hand Shao Yin)	channels on a student partner.
3.	Primary Channels Large intestine channel system (Hand Yang Ming)	<ul style="list-style-type: none"> Identify the course of the Large Intestine channel on a student partner.
4.	Luo Connecting Channels Triple Energizer channel system (Hand Shao Yang)	<ul style="list-style-type: none"> Identify the course of the San Jiao channel on a student partner.
5.	Sinew Channels Small intestine channel system (Hand Tai Yang)	<ul style="list-style-type: none"> Identify the course of the Small Intestine channel on a student partner.
6.	Introduction to eight extraordinary vessels Conception (Ren) Vessel, Governing (Du) Vessel, Thoroughfare (Chong) Vessel and Belt (Dai) Vessel	<ul style="list-style-type: none"> Review channel courses from weeks 2-5 on a student partner.
7.	Practical Examination 1	
	NON-TEACHING WEEK (note that make-up classes may be scheduled in this week) Semester 1 - This aligns with the week after Easter so it may fall between weeks 6 to 8. Semester 2 - The break week falls between Weeks 7 and 8.	
8.	Divergent and Cutaneous Channels Spleen channel system (Foot Tai Yin) Liver channel system (Foot Jue Yin)	<ul style="list-style-type: none"> Identify the course of the Spleen and Liver channels on a student partner.
9.	Introduction to four examination methods in channel diagnosis Kidney channel system (Foot Shao Yin)	<ul style="list-style-type: none"> Identify the course of the Kidney channel on a student partner.
10.	Introduction to eight principles in channel diagnosis Bladder channel system (Foot Tai Yang)	<ul style="list-style-type: none"> Identify the course of the Bladder channel on a student partner.
11.	Circulation of qi through Channel system (Diurnal circulation) Circulation of qi through 6 divisions Stomach channel system (Foot Yang Ming)	<ul style="list-style-type: none"> Identify the course of the Stomach channel on a student partner.
12.	Gall bladder channel system (Foot Shao Yang)	<ul style="list-style-type: none"> Identify the course of the Gall Bladder channel on a student partner.
13.	Yang/Yin Heel (Qiao) Vessels Yin/Yang Link (Wei) Vessels	<ul style="list-style-type: none"> Review channel courses from weeks 8-13 on a student partner.
14–15.	Non-Teaching Week / Practical Exam Weeks. Note that make-up classes may be scheduled in these weeks.	
16–17.	Final Exam Weeks 1 & 2 Please refer to the Exam Timetable for your local campus for the exact day and time of exam.	