

SUBJECT OUTLINE



Subject Name:

Acupuncture Channel Theory

Subject Code:

CMAC111

SECTION 1 - GENERAL INFORMATION

Award/s:	Bachelor of Health Science (Acupuncture)	Total Course Credit Points:	128	Level:	1 st Year
Duration:	1 Semester				
Subject Coordinator:	Dr Debra Godson (Brisbane campus)				
Subject is:	Core	Subject Credit Points:	2		

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
3	2	5

Delivery Mode:

Face to Face 1 x 3 hour session, including lecture and practical application
(On campus)

Full Time

Part Time

Pre-requisites: Nil

Co-requisites: MSTA121

Special Resource Requirements:

China graph pencil or non-toxic water based marker

One hand towel (for face cradle)

One pillow case

Two bath-sheet sized towels per student (clinic towels must not be used)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject develops the theory of Jing Luo (channels and collaterals), including the structure and course of the Jing Luo and the eight extra vessels throughout the body, utilising anatomical landmarks and key acupuncture points as reference. Students will learn actions and indications for the channels as well as channel interrelationships and interconnections. This subject is the foundation for CMAC121 Point Location, and CMAC212 Point Classification and Prescription.

Learning Outcomes

1. Define and discuss basic channel (Jing) and collateral (Luo) theory.
2. Demonstrate knowledge and skill when locating key channels (Jing) on fellow students.
3. Apply channel (Jing) and collateral (Luo) theory to simple Chinese medicine case studies.
4. Demonstrate ability to conduct proportional measurements when locating channels and acupuncture points.
5. Apply work health and safety practices.
6. Evaluate patient individual needs and modify practices showing due respect for privacy, cultural and other differences in line with CMBA Code of Conduct.

Assessment Tasks				
Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
Continuous Skill Development (80% attendance and active participation required)	2, 4-6	1-13	Sessions 1-13	Pass/Fail
Practical Exam 1	2, 4-6	2-5	Session 7	30%
Progressive Workbook (weekly completion)	1-4	1-13	Week 13	30%
Practical Exam 2	2, 4-6	8-12	Practical Examination Period	40%
All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS				

Prescribed Readings:

1. Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Hove, East Sussex: Journal of Chinese Medicine Publications. [Available as mobile app 2009 - or text 2007]
2. Summers, J., & Smith, B. (2014). *Communication skills handbook* (4th ed.). Milton, Qld: Wiley & Sons. [ebook available]

Recommended Readings:

1. Argosy Publishing. (2017). *Visible body: Human anatomy atlas*. Retrieved from <http://www.visiblebody.com/index.htm>
2. Campbell, J. (2008). *Acupuncture channels and points: An interactive study and reference manual*. Sydney, NSW: Churchill Livingstone.
3. Chinese Medicine Board of Australia. (2014). *Code of conduct*. Retrieved from <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Code-of-conduct.aspx>
4. Legge, D. (2010). *Jing-jin: Acupuncture treatment of the muscular system using the meridian sinews*. Woy Woy, NSW: Sydney College Press.
5. Maciocia, G. (2006). *The channels of acupuncture: Clinical use of the secondary channels and eight extraordinary vessels*. Edinburgh, UK: Churchill Livingstone.
6. Robinson, N. G. (2016). *Interactive medical acupuncture anatomy*. Jackson, WY: Teton NewMedia. [ebook available]
7. World Health Organisation. (2008). *WHO standard acupuncture point locations in the Western Pacific Region*. Manila, Philippines: World Health Organization.

Subject Content		
Week	Lectures	Practicals
1.	Introduction (Subject Outline / Subject Aims / Assessment / Teaching Resources) Channel Theory Introduction <ul style="list-style-type: none"> The concept of Jing Luo Acupuncture terminology Qi in TCM Distribution of Jing Luo (channels and collaterals) Channel classification CMBA Code of Conduct Work health and safety Basics of infection prevention and control 	<ul style="list-style-type: none"> Yin-Yang surfaces of the body Introduction to WH&S and its procedures Appropriate practice procedures including <ul style="list-style-type: none"> Lifting techniques Table positioning Draping
2.	Pathways and Channels Introduction to internal and external pathways, connecting channels, sinew channels divergent channels and cutaneous regions <ul style="list-style-type: none"> Anatomical positions and directional terms Introduction to Cun measurement Introduction to actions and indications Lung channel system (Hand Tai Yin) Pericardium channel system (Hand Jue Yin) Heart channel system (Hand Shao Yin) 	<ul style="list-style-type: none"> Identify the course of the lung, pericardium and heart channels on a student partner
3.	Primary channels <ul style="list-style-type: none"> Large intestine channel system (Hand Yang Ming) 	<ul style="list-style-type: none"> Identify the course of the large intestine channel on a student partner
4.	Luo connecting channels <ul style="list-style-type: none"> Triple energizer channel system (Hand Shao Yang) 	<ul style="list-style-type: none"> Identify the course of the triple energizer channel on a student partner
5.	Sinew channels <ul style="list-style-type: none"> Small intestine channel system (Hand Tai Yang) 	<ul style="list-style-type: none"> Identify the course of the small intestine channel on a student partner
6.	Introduction to eight extraordinary vessels <ul style="list-style-type: none"> Conception (Ren) vessel, governing (Du) vessel, thoroughfare (Chong) vessel and belt (Dai) vessel 	<ul style="list-style-type: none"> Review channel courses from Weeks 2-5 on a student partner
7.	Practical Examination 1	
NON-TEACHING WEEK (note that make-up classes may be scheduled in this week) Semester 1 - This aligns with the week after Easter so it may fall between Weeks 6 to 8 Semester 2 & Online students - The non-teaching week falls between Weeks 7 and 8		
8.	Divergent and cutaneous channels <ul style="list-style-type: none"> Spleen channel system (Foot Tai Yin) Liver channel system (Foot Jue Yin) 	<ul style="list-style-type: none"> Identify the course of the spleen and liver channels on a student partner
9.	Introduction to four examination methods in channel diagnosis <ul style="list-style-type: none"> Kidney channel system (Foot Shao Yin) 	<ul style="list-style-type: none"> Identify the course of the kidney channel on a student partner
10.	Introduction to eight principles in channel diagnosis <ul style="list-style-type: none"> Bladder channel system (Foot Tai Yang) 	<ul style="list-style-type: none"> Identify the course of the bladder channel on a student partner

11.	Circulation of qi through channel system (Diurnal circulation) Circulation of qi through 6 divisions Stomach channel system (Foot Yang Ming)	<ul style="list-style-type: none"> Identify the course of the stomach channel on a student partner
12.	Gall bladder channel system (Foot Shao Yang)	<ul style="list-style-type: none"> Identify the course of the gall bladder channel on a student partner
13.	Yang/Yin heel (Qiao) vessels Yin/Yang link (Wei) vessels	<ul style="list-style-type: none"> Review channel courses from Weeks 8-13 on a student partner
14.	Non-Teaching Week/Practical Examination Week 1 Note that make-up classes may be scheduled in this week	
15.	Non-Teaching Week/Practical Examination Week 2 Note that make-up classes may be scheduled in this week	
16.	Final Examination Week 1 There is no final exam for this subject	
17.	Final Examination Week 2 There is no final exam for this subject	