

# SUBJECT OUTLINE



Subject Name:

Subject Code:

## Point Classification and Prescription

**CMAC212**

### SECTION 1 – GENERAL INFORMATION

<b>Award/s:</b>	Bachelor of Health Science (Acupuncture)	<b>Total course credit points:</b>	128	<b>Level:</b>	2 <sup>nd</sup> Year
<b>Duration:</b>	1 Semester				
<b>Subject Coordinator:</b>	Dr Emma Iwinska (Brisbane campus)				
<b>Subject is:</b>	Core	<b>Subject Credit Points:</b>	2		

#### Student Workload:

<b>No. timetabled hours per week:</b>	<b>No. personal study hours per week:</b>	<b>Total hours per week:</b>
3	2	5

#### Delivery Mode:

Face to face                      2 hour lecture                      1 hour practical  
Full Time  
Part Time

**Pre-requisites:** CMAC121, CMPR121, BIOH122

**Co-requisites:** CMAC211

**Special resource requirements:** Two bath-sheet sized towels per student (Clinic towels must not be used)  
Endeavour College approved Acupuncture Kit

### SECTION 2 – ACADEMIC DETAILS

#### Subject Rationale

Point Classification and Prescription examines the TCM rationale for the selection and usage of key acupuncture points in relation to TCM syndromes and diagnoses. Students investigate and needle points following differentiation via point categories, therapeutic indications and the application of various practical approaches. By subject conclusion students will be capable of determining and making a case for acupuncture point prescriptions in preparation for Clinical Practicum.

#### Learning Outcomes

1. Demonstrate skill at formulating clinically valuable acupuncture point prescriptions.
2. Discuss and demonstrate point selection in reference to Chinese medicine diagnostic methods, point categories and therapeutic indications.
3. Formulate, discuss and demonstrate the processes, practices and theories relevant to the construction of a valuable final point prescription.
4. Demonstrate standard screening approaches necessary to either caution or exclude acupuncture needling, including the demonstration of safe needling practices.
5. Define, interpret and demonstrate cultural sensitivity and ethical considerations within all theoretical and practical sessions.

Assessment Tasks				
Type	Learning Outcomes Assessed	Week Content Delivered	Week Due	Weighting
<b>Skill Development</b> (80% attendance and active participation required)	1-5	1-13	1-13	Pass/Fail
<b>Written Assignment</b> (2000 words)	1-5	1-6	Sunday following Week 6	30%
<b>Practical Assessment</b> (30 mins)	1-5	1-13	Practical Exam Period	20%
<b>Written Exam</b> (2 hours)	1-5	1-13	Final Exam Period	50%

#### Prescribed readings:

1. Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Hove, England: Journal of Chinese Medicine Publications. [Available as mobile app 2009- or text 2007]

#### Recommended readings:

1. Chace, C., & Shima, M. (2010). *An exposition of the eight extraordinary vessels*. Seattle, WA: Eastland Press.
2. Hicks, A., Hicks, J., & Mole, P. (2011). *Five element constitutional acupuncture*. London, England: Churchill Livingstone Elsevier.
3. Macioca, G. (2015). *The foundations of Chinese medicine* (3rd ed.). Edinburgh, Scotland: Churchill Livingstone Elsevier.
4. Ross, J. (1998). *Acupuncture point combinations: the key to clinical success*. Philadelphia, PA: Churchill Livingstone Elsevier.
5. Wang, J. Y., & Robertson, J. (2008). *Applied channel theory in Chinese medicine*. Seattle, WA: Eastland Press.
6. World Health Organisation. (2008). *WHO standard acupuncture point locations in the Western Pacific Region*. Manila, Philippines: World Health Organization. [Note Rogers and Rogers 2008 edition includes WHO locations].

Subject Content		
Week	Lecture	Practical
1.	Differentiation of point selection and prescription: <ul style="list-style-type: none"> <li>• Introduction to point classification and prescription.</li> <li>• Review TCM therapeutic principles</li> <li>• Point selection Methods</li> <li>• Ethical considerations/contraindications/cautions</li> </ul>	Academic writing skills <ul style="list-style-type: none"> <li>• Library session covering referencing/mendeley/research articles and an explanation of academic writing skills (including mention of the terms such as compare/contrast/discuss/analyse etc.).</li> </ul>
2.	<ul style="list-style-type: none"> <li>• Five Shu Points</li> <li>• Case studies focusing on Five Shu points</li> </ul>	Practical Acupuncture Therapy: <ul style="list-style-type: none"> <li>• Demonstration and supervised practice of CM diagnostic methods</li> </ul>

3.	<ul style="list-style-type: none"> <li>• Five Element Theory</li> <li>• Case studies focusing on Five Elements</li> </ul>	Practical Acupuncture Therapy: <ul style="list-style-type: none"> <li>• Demonstration and supervised practice of CM diagnostic methods</li> <li>• The application of Five Element Theory</li> </ul>
4.	<ul style="list-style-type: none"> <li>• Yuan Source Points</li> <li>• Luo connecting points</li> <li>• Xi-cleft points</li> <li>• Lower He Sea points</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture incorporating the following points: <ul style="list-style-type: none"> <li>• Tonifying with yuan source points</li> <li>• Application of luo connecting and yuan source combinations</li> <li>• Xi-cleft &amp; Lower He Sea points as applicable</li> </ul>
5.	<ul style="list-style-type: none"> <li>• Front Mu</li> <li>• Hui meeting points</li> <li>• Case studies</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture incorporating the following points: <ul style="list-style-type: none"> <li>• Front Mu</li> <li>• Hui meeting points</li> </ul>
6.	<ul style="list-style-type: none"> <li>• Back Shu</li> <li>• Four command points</li> <li>• Case studies</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture at the following points: <ul style="list-style-type: none"> <li>• Back Shu</li> <li>• Four command points</li> </ul>
7.	<ul style="list-style-type: none"> <li>• Confluent Points of the Eight Extraordinary Channels</li> <li>• Case studies focusing on eight extra channel pathologies</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage: <ul style="list-style-type: none"> <li>• Jing Luo pathologies of the eight extra channels.</li> <li>• Eight Confluent points</li> </ul>
<b>NON-TEACHING WEEK</b> (note that make-up classes may be scheduled in this week) <b>Semester 1</b> - This aligns with the week after Easter so it may fall between weeks 6 to 8. <b>Semester 2</b> - The break week falls between Weeks 7 and 8.		
8.	<ul style="list-style-type: none"> <li>• Points, pathologies and prescriptions of the Lung, Spleen and Stomach</li> <li>• Selecting points and prescriptions according to Jing Luo theories and TCM patterns</li> <li>• Case studies</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage: <ul style="list-style-type: none"> <li>• Channel and organ pathologies of the Lung, Spleen and Stomach</li> </ul>
9.	<ul style="list-style-type: none"> <li>• Points, pathologies and prescriptions of the Small and Large Intestine</li> <li>• Selecting points and prescriptions according to Jing Luo theories and TCM patterns</li> <li>• Case studies</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage: <ul style="list-style-type: none"> <li>• Channel and organ pathologies of the Small and Large Intestine</li> </ul>
10.	<ul style="list-style-type: none"> <li>• Points, pathologies and prescriptions of the Heart, Pericardium and San Jiao</li> <li>• 13 Ghost points of Sun Si Mao</li> <li>• Window of Heaven Points</li> <li>• Selecting points and prescriptions according to Jing Luo theories and TCM patterns</li> <li>• Case studies</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage: <ul style="list-style-type: none"> <li>• Channel and organ pathologies of the Heart, Pericardium and San Jiao</li> <li>• Incorporating the use of 13 Ghost and Window of Heaven Points</li> </ul>
11.	<ul style="list-style-type: none"> <li>• Points, pathologies and prescriptions of the Liver</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to

	and Gallbladder <ul style="list-style-type: none"> <li>• Selecting points and prescriptions according to Jing Luo theories and TCM patterns</li> <li>• Case studies</li> </ul>	manage: <ul style="list-style-type: none"> <li>• Channel and organ pathologies of the Liver and Gallbladder</li> </ul>
<b>12.</b>	<ul style="list-style-type: none"> <li>• Points, pathologies and prescriptions of the Kidney and Bladder</li> <li>• Selecting points and prescriptions according to Jing Luo theories and TCM patterns</li> <li>• Case studies</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage: <ul style="list-style-type: none"> <li>• Channel and organ pathologies of the Kidney and Bladder</li> </ul>
<b>13.</b>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Selecting points and prescriptions according to Jing Luo theories and TCM patterns</li> <li>• Revision</li> </ul>	Demonstration and supervised practice of CM diagnostic methods and acupuncture in relation to the application of point prescription methods and theories
<b>14.</b>	<b>Non-Teaching Week /Practical Exam Week 1. Note that make-up classes may be scheduled in this week.</b>	
<b>15.</b>	<b>Non-Teaching Week /Practical Exam Week 2. Note that make-up classes may be scheduled in this week.</b>	
<b>16.</b>	<b>Final Exam Week 1</b> Please refer to the Exam Timetable for your local campus for the exact day and time of exam.	
<b>17.</b>	<b>Final Exam Week 2</b> Please refer to the Exam Timetable for your local campus for the exact day and time of exam.	