

SUBJECT OUTLINE



Subject Name:

Subject Code:

Point Classification and Prescription

CMAC212

SECTION 1 - GENERAL INFORMATION

Award/s:	Bachelor of Health Science (Acupuncture)	Total Course Credit Points:	128	Level:	2nd Year
Duration:	1 Semester				
Subject Coordinator:	Dr Emma Iwinska (Brisbane campus)				
Subject is:	Core	Subject Credit Points:	2		

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
3	2	5

Delivery Mode:

Face to Face 1 x 2 hour lecture 1 x 1 hour practical
(On campus)

Full Time

Part Time

Pre-requisites: CMAC121, CMPR121, BIOH122

Co-requisites: CMAC211

Special Resource Requirements:

Closed-toe leather footwear

Endeavour College approved Acupuncture Kit

Two bath-sheet sized towels per student (Clinic towels must not be used)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

Point Classification and Prescription examines the TCM rationale for the selection and usage of key acupuncture points in relation to TCM syndromes and diagnoses. Students investigate and needle points following differentiation via point categories, therapeutic indications and the application of various practical approaches. By subject conclusion students will be capable of determining and making a case for acupuncture point prescriptions in preparation for Clinical Practicum.

Learning Outcomes

1. Demonstrate skill at formulating clinically valuable acupuncture point prescriptions.
2. Discuss and demonstrate point selection in reference to Chinese medicine diagnostic methods, point categories and therapeutic indications.
3. Formulate, discuss and demonstrate the processes, practices and theories relevant to the construction of a valuable final point prescription.
4. Demonstrate standard screening approaches necessary to either caution or exclude acupuncture needling, including the demonstration of safe needling practices.
5. Define, interpret and demonstrate cultural sensitivity and ethical considerations within all theoretical and practical sessions.

Assessment Tasks				
Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
Continuous Skill Development (80% attendance and active participation required)	1-5	1-13	Sessions 1-13	Pass/Fail
Written Assignment (2000 words)	1-5	1-6	Week 6	40%
Final Written Exam (2 hours)	1-5	1-13	Final Examination Period	60%
All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS				

Prescribed Readings:

1. Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Hove, England: Journal of Chinese Medicine Publications. [Available as mobile app 2009- or text 2007]

Recommended Readings:

1. Chace, C., & Shima, M. (2010). *An exposition of the eight extraordinary vessels*. Seattle, WA: Eastland Press.
2. Hicks, A., Hicks, J., & Mole, P. (2011). *Five element constitutional acupuncture*. London, England: Churchill Livingstone Elsevier.
3. Macioca, G. (2015). *The foundations of Chinese medicine* (3rd ed.). Edinburgh, Scotland: Churchill Livingstone Elsevier.
4. Ross, J. (1998). *Acupuncture point combinations: The key to clinical success*. Philadelphia, PA: Churchill Livingstone Elsevier.
5. Wang, J. Y., & Robertson, J. (2008). *Applied channel theory in Chinese medicine*. Seattle, WA: Eastland Press.
6. World Health Organisation. (2008). *WHO standard acupuncture point locations in the Western Pacific Region*. Manila, Philippines: World Health Organization. [Note Rogers and Rogers 2008 edition includes WHO locations].

Subject Content		
Week	Lectures	Practicals
1.	Introduction (Subject Outline / Subject Aims / Assessment / Teaching Resources) Differentiation of point selection and prescription <ul style="list-style-type: none"> • Introduction to point classification and prescription • Review TCM therapeutic principles • Point selection methods • Ethical considerations/contraindications/cautions 	<ul style="list-style-type: none"> • Academic writing skills
2.	<ul style="list-style-type: none"> • Five Shu points • Case studies focusing on Five Shu points 	Practical acupuncture therapy <ul style="list-style-type: none"> • Demonstration and supervised practice of CM diagnostic methods
3.	<ul style="list-style-type: none"> • Five Element theory • Case studies focusing on Five Elements 	Practical acupuncture therapy <ul style="list-style-type: none"> • Demonstration and supervised practice of CM diagnostic methods • The application of Five Element theory

4.	<ul style="list-style-type: none"> • Yuan source points • Luo connecting points • Xi-cleft points • Lower He Sea points 	Demonstration and supervised practice of CM diagnostic methods and acupuncture incorporating the following points <ul style="list-style-type: none"> • Tonifying with Yuan source points • Application of Luo connecting and Yuan source combinations • Xi-cleft & Lower He Sea points as applicable
5.	<ul style="list-style-type: none"> • Front Mu • Hui meeting points • Case studies 	Demonstration and supervised practice of CM diagnostic methods and acupuncture incorporating the following points <ul style="list-style-type: none"> • Front Mu • Hui meeting points
6.	<ul style="list-style-type: none"> • Back Shu • Four command points • Case studies 	Demonstration and supervised practice of CM diagnostic methods and acupuncture at the following points <ul style="list-style-type: none"> • Back Shu • Four command points
7.	<ul style="list-style-type: none"> • Confluent points of the Eight Extraordinary Channels • Case studies focusing on eight extra channel pathologies 	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage <ul style="list-style-type: none"> • Jing Luo pathologies of the eight extra channels • Eight confluent points
NON-TEACHING WEEK (note that make-up classes may be scheduled in this week) Semester 1 - This aligns with the week after Easter so it may fall between weeks 6 to 8 Semester 2 & Online students - The non-teaching week falls between Weeks 7 and 8		
8.	<ul style="list-style-type: none"> • Points, pathologies and prescriptions of the lung, spleen and stomach • Selecting points and prescriptions according to Jing Luo theories and TCM patterns • Case studies 	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage <ul style="list-style-type: none"> • Channel and organ pathologies of the lung, spleen and stomach
9.	<ul style="list-style-type: none"> • Points, pathologies and prescriptions of the small and large intestine • Selecting points and prescriptions according to Jing Luo theories and TCM patterns • Case studies 	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage <ul style="list-style-type: none"> • Channel and organ pathologies of the small and large intestine
10.	<ul style="list-style-type: none"> • Points, pathologies and prescriptions of the heart, pericardium and San Jiao • 13 Ghost points of Sun Si Mao • Window of Heaven points • Selecting points and prescriptions according to Jing Luo theories and TCM patterns • Case studies 	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage <ul style="list-style-type: none"> • Channel and organ pathologies of the heart, pericardium and San Jiao • Incorporating the use of 13 Ghost and Window of Heaven points
11.	<ul style="list-style-type: none"> • Points, pathologies and prescriptions of the liver and gallbladder • Selecting points and prescriptions according to Jing Luo theories and TCM patterns • Case studies 	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage <ul style="list-style-type: none"> • Channel and organ pathologies of the liver and gallbladder

12.	<ul style="list-style-type: none"> Points, pathologies and prescriptions of the kidney and bladder Selecting points and prescriptions according to Jing Luo theories and TCM patterns Case studies 	Demonstration and supervised practice of CM diagnostic methods and acupuncture applied to manage <ul style="list-style-type: none"> Channel and organ pathologies of the kidney and bladder
13.	<ul style="list-style-type: none"> Case studies Selecting points and prescriptions according to Jing Luo theories and TCM patterns Revision 	Demonstration and supervised practice of CM diagnostic methods and acupuncture in relation to the application of point prescription methods and theories
14.	Non-Teaching Week/Practical Examination Week 1 Note that make-up classes may be scheduled in this week	
15.	Non-Teaching Week/Practical Examination Week 2 Note that make-up classes may be scheduled in this week	
16.	Final Examination Week 1 Please refer to the Examination Timetable for your local campus for the exact day and time of exam	
17.	Final Examination Week 2 Please refer to the Examination Timetable for your local campus for the exact day and time of exam	