SECTION 1 – GENERAL INFORMATION

Subject Name: TCM Terminology in Chinese
Subject Code: CMPR112

Award/s: Bachelor of Health Science (Acupuncture)
Total course credit points: 128
Level: 1st Year
Duration: 1 Semester
Subject Coordinator: Dr Andrew Koh (Sydney campus)
Subject is: Core
Subject Credit Points: 2

Student Workload:

<table>
<thead>
<tr>
<th>No. timetabled hours per week:</th>
<th>No. personal study hours per week:</th>
<th>Total hours per week:</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>2</td>
<td>5</td>
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</table>

Delivery Mode: Face to face

Full Time

Part Time

Pre-requisites: Nil
Co-requisites: CMPR113

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

Students learn to pronounce, spell, read and write (in pinyin) commonly used Chinese medicine terms, acupuncture point names and Chinese herbal names. The purpose is to understand the deeper meaning of these terms. Basic knowledge of the Chinese pinyin system and stroke orders are introduced to facilitate student pronunciation and writing. Students will also learn the method of using a Chinese-English dictionary.

Learning Outcomes

1. Demonstrate the use of the pinyin system of romanisation in writing and spelling commonly used Chinese medicine terms, acupuncture point names and Chinese herbal names.
2. Demonstrate the reading and pronunciation of basic Chinese Medicine characters/words.
3. Demonstrate the ability to recognise, write and understand the meaning of commonly used Chinese medicine terms, acupuncture names and Chinese herbal names.
4. Demonstrate the ability to use a Chinese-English dictionary to find basic Chinese medicine terms, acupuncture point names and Chinese herbal names.

Assessment Tasks

<table>
<thead>
<tr>
<th>Type</th>
<th>Learning Outcomes Assessed</th>
<th>Weeks Content Delivered</th>
<th>Week Due</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quiz 1</td>
<td>1-4</td>
<td>1-4</td>
<td>5</td>
<td>20%</td>
</tr>
<tr>
<td>Quiz 2</td>
<td>1-4</td>
<td>5-7</td>
<td>8</td>
<td>20%</td>
</tr>
<tr>
<td>Quiz 3</td>
<td>1-4</td>
<td>8-10</td>
<td>11</td>
<td>20%</td>
</tr>
<tr>
<td>Oral and Practical Exam</td>
<td>2,3,4</td>
<td>1-13</td>
<td>Practical Exam</td>
<td>10%</td>
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</tbody>
</table>
Prescribed readings:
   NOTE: also available as add-on to Pleco, app Chinese-English dictionary.

Recommended readings:

### Subject Content

<table>
<thead>
<tr>
<th>Week</th>
<th>Lecture</th>
</tr>
</thead>
</table>
| 1.   | Introduction to Chinese language  
   - Brief history  
   - Chinese Pin Yin system  
   - Stroke orders  
   Chinese characters:  
   - How to write the numbers 1 to 10 |
| 2.   | Chinese language:  
   - Single words concepts  
   - Heaven, earth, humanity  
   - Needle-acupuncture, moxibustion, illness, treatment, syndrome, examination, regulation (zhen, jiu, bing, zhi, zheng, zhen, tiao)  
   - Introducing radicals of words |
| 3.   | Chinese language: |
- Paired words/concepts – interdependent meaning
- Yinyang
- Qi Blood
- Deficiency-excess
- Superficial-deep
- Branch-root
- Internal-external

Introducing traditional characters
  - Radicals of words

4. **Chinese language:**
   - The 3 treasures: essence, qi, spirit
   - The concept of qi
   - Various forms of the word ‘qi’

The idea of a continuum
  - Radicals of words
  - Oral Quiz – Formative (non-gradable)

5. **Chinese language:**
   - 4 seasons/time
   - 4 examination methods
   - 4 directions

The four classics/books: Great learning, the Doctrine of the mean, the Analects, the Mencius – ethics, morality, philosophy – central to classical thinking.
  - Radicals of words

6. **Chinese language:**
   - Five Phases/Agents/Elements
   - Five colours
   - Five zang-organs: the officials

- Radicals of words

7. **Chinese language:**
   - Six fu-organs
   - The 6 channels (compare with the 6 levels of the Shanghanlun)
   - Six pathogenic factors

- Radicals of words

**NON-TEACHING WEEK**

**Semester 1** - This aligns with the week after Easter so it may fall between weeks 6 to 8.
**Semester 2** - The break week falls between Weeks 7 and 8.

8. **Chinese language:**
   - The 7 emotions
   - Discussion on differences in Heart-mind and shen, and emotions

9. **Chinese language:**
   - Eight winds (also acupuncture points)
   - Eight trigrams – the Yijing
   - A discussion on healing and shamanism, yi & wu

- Radicals of words

10. **Chinese language:**
    - The nine pulse positions: (cun, guan, chi) inch, bar, cubit - measurement
    - The administrative structure of the Han dynasty – the body as state, the state as cosmos. System of
correspondence.
- The classical 9 needles
  - Radical of words

11. Chinese language:
- Herbs
- Components of the herb
- Bolus, pill, powder, soup
- Food-herbs
Herbal formulae: example of name and philosophy
Discussion on the importance of diet
The concept of yangsheng – health promotion-maintenance: care of self and others
  - Radicals of words

12. Chinese language:
- Daoyin / qigong – yangsheng tradition
Commonly used acupoints: a simple discussion of these names and functions
  - Radicals of words

Connecting the language/terminology with:
- Chinese medicine theory
- Chinese medicine practice
- Yangsheng
  - Oral quiz – Formative (non-gradable)

14. Non-Teaching Week / Practical Exam Week 1. Note that make-up classes may be scheduled in this week.

15. Non-Teaching Week / Practical Exam Week 2. Note that make-up classes may be scheduled in this week.

16. Final Exam Week 1
Please refer to the Exam Timetable for your local campus for the exact day and time of exam.

17. Final Exam Week 2
Please refer to the Exam Timetable for your local campus for the exact day and time of exam.