

SUBJECT OUTLINE

Subject Name:

Tui Na for Women and Children

Subject Code:

CMTN312

SECTION 1 – GENERAL INFORMATION

Award/s:

Bachelor of Health Science (Acupuncture)

Total course credit points:

128

Level:

3rd Year

Duration: 1 Semester

Subject Coordinator: Dr Shulan Yang (Melbourne campus)

Subject is: Core

Subject Credit Points: 2

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
3	2	5

Delivery Mode: Face to face 3 hour practical
Full Time
Part Time

Pre-requisites: CMTN311

Co-requisites: Nil

Special resource requirements: Two bath-sheet sized towels per student (Clinic towels must not be used)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

Through the course of this subject the student increases their knowledge and skill in applying the twenty four key Tui na techniques by developing a range of practical prescriptions to manage a range of Chinese medicine conditions. Conditions covered in this subject include Gynaecological and Paediatric disorders. By subject conclusion the student will be capable of developing an informed argument for the utilisation of key Tui na techniques as part of an acupuncture treatment.

Learning Outcomes

1. Integrate and explain how Chinese medicine theory and principles intersect with Tui na specific theories and principles in the management of paediatric and gynaecological conditions.
2. Discuss and explain all cautions and contraindications associated with the practice of specific Tui na techniques when applied within the management of paediatric and gynaecological conditions.
3. Identify, define and consistently apply the twenty-four core Tui Na techniques as appropriate within the management of each paediatric and gynaecological conditions.
4. Analyse and assess each main gynaecological and obstetric disease with aetiology, pathogenesis, diagnosis and treatment principles and construct treatment strategies using appropriate Tui na massage techniques giving due consideration to precautions, contraindications and disease prevention.

Assessment Tasks

Type	Learning Outcomes Assessed	Weeks Content Delivered	Week Due	Weighting
Continuous Skill Development (80% attendance and active participation required)	2-4	1-13	1-13	Pass/Fail
Mid-Semester Review	2-4	1-6	7	20%

(Based on weekly observations)				
Practical Examination (1 hour)	2-4	1-13	Practical Examination Week	50%
Written Final Examination (1 hour)	1-4	1-13	Final Examination Week	30%
<p>The overall pass rate for this subject is 50%. Additionally students must pass the final assessment with a mark not less than 50%.</p>				

Prescribed readings:

1. Chengnan, S. (2000). *Chinese bodywork: A complete manual of Chinese therapeutic massage*. Berkeley, CA: Pacific View Press.
2. Ge, M. F., & Gao, D. Q. (2008). *Chinese-English edition of pediatric tuina*. Shanghai, China: Shanghai Scientific and Technical Publishers.

Recommended readings:

1. Hongzhu, H. (2007). *Science of tuina = Tui na xue* (2nd ed.). Beijing, China: People's Medical Publishing House.
2. Zhang, Y. S. (2002). *Tuinaology*. Beijing, China: People's Medical Publishing House.

Subject Content

Week	Practical
1.	<p>Introduce clinical manifestations treatment, precautions, contraindications and referral issues with regard to the use of Tui Na therapy as an adjunctive practice to Gynaecological and Pediatric Disorders: Demonstrate and develop a treatment model to achieve a therapeutic outcome.</p> <p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common gynaecological disorders (menstruation):</p> <ul style="list-style-type: none"> • Techniques of benefit • Rationale for each application • Clinical usage and outcomes • Mechanics of technique • Cautions and contraindications • Specific occupational, health and safety considerations and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
2.	<p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common gynaecological disorders (pregnancy & post partum disorders):</p> <ul style="list-style-type: none"> • Techniques of benefit • Rationale for each application • Clinical usage and outcomes • Mechanics of technique • Cautions and contraindications • Specific occupational, health and safety considerations and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
3.	<p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common gynaecological disorders (such as Endometriosis and Polycystic ovary syndrome):</p> <ul style="list-style-type: none"> • Techniques of benefit • Rationale for each application • Clinical usage and outcomes • Mechanics of technique

	<ul style="list-style-type: none"> • Cautions and contraindications • Specific occupational, health and safety considerations and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
4.	<p>Introduce basic Tui na techniques and commonly-used points appropriate to treat paediatric patients and disorders:</p> <ul style="list-style-type: none"> • Techniques of benefit • Rationale for each application • Clinical usage and outcomes • Mechanics of technique • Cautions and contraindications • Specific occupational, health and safety considerations and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
5.	<p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common pediatric disorders (cervical, thoracic and lumbar):</p> <ul style="list-style-type: none"> • Techniques of benefit (infants, toddlers and children) • Rationale for each application (infants, toddlers and children) • Clinical usage and outcomes (infants, toddlers and children) • Mechanics of technique (infants, toddlers and children) • Cautions and contraindications (infants, toddlers and children) • Specific occupational, health and safety considerations (infants, toddlers and children) and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
6.	<p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common pediatric disorders (pelvis and legs):</p> <ul style="list-style-type: none"> • Techniques of benefit (infants, toddlers and children) • Rationale for each application (infants, toddlers and children) • Clinical usage and outcomes (infants, toddlers and children) • Mechanics of technique (infants, toddlers and children) • Cautions and contraindications (infants, toddlers and children) • Specific occupational, health and safety considerations (infants, toddlers and children) and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
7.	<p>Mid-Semester Review</p> <p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common pediatric disorders (such as hyperactivity (ADHD), sleep disturbances and settling techniques):</p> <ul style="list-style-type: none"> • Techniques of benefit (infants, toddlers and children) • Rationale for each application (infants, toddlers and children) • Clinical usage and outcomes (infants, toddlers and children) • Mechanics of technique (infants, toddlers and children) • Cautions and contraindications (infants, toddlers and children) • Specific occupational, health and safety considerations (infants, toddlers and children) and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
<p>NON-TEACHING WEEK (note that make-up classes may be scheduled in this week)</p> <p>Semester 1 - This aligns with the week after Easter so it may fall between weeks 6 to 8.</p> <p>Semester 2 - The break week falls between Weeks 7 and 8.</p>	
8.	<p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common pediatric respiratory disorders (such as cough, colds and asthma):</p> <ul style="list-style-type: none"> • Techniques of benefit (infants, toddlers and children) • Rationale for each application (infants, toddlers and children)

	<ul style="list-style-type: none"> • Clinical usage and outcomes (infants, toddlers and children) • Mechanics of technique (infants, toddlers and children) • Cautions and contraindications (infants, toddlers and children) • Specific occupational, health and safety considerations (infants, toddlers and children) and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
9.	<p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common pediatric infant disorders (such as gastrointestinal disease, colic, constipation):</p> <ul style="list-style-type: none"> • Techniques of benefit (infants, toddlers and children) • Rationale for each application (infants, toddlers and children) • Clinical usage and outcomes (infants, toddlers and children) • Mechanics of technique (infants, toddlers and children) • Cautions and contraindications (infants, toddlers and children) • Specific occupational, health and safety considerations (infants, toddlers and children) and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
10.	<p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to common pediatric infant disorders (such as neurological disorders):</p> <ul style="list-style-type: none"> • Techniques of benefit (infants, toddlers and children) • Rationale for each application (infants, toddlers and children) • Clinical usage and outcomes (infants, toddlers and children) • Mechanics of technique (infants, toddlers and children) • Cautions and contraindications (infants, toddlers and children) • Specific occupational, health and safety considerations (infants, toddlers and children) and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
11.	<p>Introduce clinical manifestations, treatment, precautions, contraindications and referral issues with regard to pediatric infant development (basic routines for pediatric general good health):</p> <ul style="list-style-type: none"> • Techniques of benefit (infants, toddlers and children) • Rationale for each application (infants, toddlers and children) • Clinical usage and outcomes (infants, toddlers and children) • Mechanics of technique (infants, toddlers and children) • Cautions and contraindications (infants, toddlers and children) • Specific occupational, health and safety considerations (infants, toddlers and children) and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
12.	<p>Tui na treatment - self-massage techniques:</p> <ul style="list-style-type: none"> • Techniques of benefit • Rationale for each application • Clinical usage and outcomes • Mechanics of technique • Cautions and contraindications • Specific occupational, health and safety considerations and • Demonstration and supervised practice of techniques to a variety of different Jing Luo channels.
13.	<ul style="list-style-type: none"> • Pulling it all together – review session.
14-15.	Non-Teaching / Practical Exam Weeks. Note that make-up classes may be scheduled in these weeks.
16-17.	Final Exam Weeks 1 & 2 Please refer to the Exam Timetable for your local campus for the exact day and time of exam.