

SUBJECT OUTLINE



Subject Name:

Myotherapy Clinical Practicum 3

Subject Code:

MSTC314

SECTION 1 - GENERAL INFORMATION

Award/s:	Total Course Credit Points:	Level:
Bachelor of Health Science (Musculoskeletal Therapy)	96	3 rd Year
Bachelor of Health Science (Myotherapy)	96	3 rd Year
Duration:	1 Semester	
Subject Coordinator:	Taylor-Jane Sharouni (Sydney campus)	
Subject is:	Core	Subject Credit Points: 4

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
6	4	10

Delivery Mode:

Face to Face (On campus) 2 x 3 hour clinical practicum

Intensive Delivery (Summer School) Contact hours are delivered over 6 weeks with 2 x 6.5 hour days delivered per week
Content: Clinical practicum

Assessment: Attendance - Weeks 1-6; Practice Promotion Plan - Week 3; Mid-semester Progressive Clinical Assessment - Week 3; Client Logs - Weeks 2, 3, 4 and 5; Final Progressive Clinical Assessment - Week 6

Full Time

Part Time

Pre-requisites: MSTR211, MSTC212

Co-requisites: Nil

Special Resource Requirements:

HLTAID003 Provide first aid (VET unit of competency)

LMS-based clinic induction and quiz

Professional Dress Standards as described by [Wellnation Clinic Student Handbook](#)

[Wellnation Clinic Student Handbook](#)

WWCC (or its equivalent) for the location in which subject is undertaken as per [Working with Children Check Policy](#)

Kit items include:

- Buck reflex hammer
- Goniometer
- Measuring tape
- Mulligan belt
- Pen light
- Sphygmomanometer
- Stethoscope
- Tuning fork (128 Hz)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject provides students with the opportunity to build expertise and confidence in practice promotion and in the delivery of myotherapy techniques within a supervised clinic practicum. Students continue to develop and apply their knowledge and skills at an intermediate level to care for a range of clients.

Learning Outcomes

1. Consider and adapt history taking approach in response to clients' physical, mental and emotional needs.
2. Formulate an appropriate working diagnosis and treatment plan, based on analysis of information gathered through the clients' clinical history and the musculoskeletal examination.
3. Critically evaluate the effectiveness of the treatment through re-assessing objective findings, client feedback and self-reflection.
4. Design and implement detailed treatment plans that address clients' needs based on clinical examination findings.
5. Critically evaluate the literature in relation to the clinical effectiveness, quality, relevance and reliability of myotherapy interventions.
6. Identify potential client groups and promote the clinical practice to them through targeted outreach.

Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
Attendance (100% required)	N/A	N/A	Sessions 1-26	Pass/Fail
Practice Promotion Plan (650 words)	6	1-9	Week 5	20%
Mid-semester Progressive Clinical Assessment (rubric-based)	1-4	1-13	Session 13-14	20%
4 Client Logs (750 words, each)	1-5	1-20	Weeks 3, 7, 9 & 11	20% (4 x 5%)
Final Progressive Clinical Assessment (rubric-based)	1-4	14-25	Session 25-26	40%

All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS

Prescribed Readings:

1. Brukner, P., & Khan, K. (Eds.). (2012). *Clinical sports medicine* (4th ed.). North Ryde, NSW: McGraw Hill. [ebook available]
2. Butler, D. S. (2000). *The sensitive nervous system*. Adelaide, SA: Noigroup Publications.
3. Dommerholt, J., & Fernández-de-las-Peñas, C. (2013). *Trigger point dry needling: An evidence and clinical-based approach*. Edinburgh, Scotland: Churchill Livingstone. [ebook available]

Recommended Readings:

1. Hengeveld, E., & Banks, K. (Eds.). (2013). *Maitland's peripheral manipulation: Management of neuromusculoskeletal disorders* (5th ed., Vol. 2). Edinburgh, Scotland: Churchill Livingstone Elsevier. [eBook available]
2. Hengeveld, E., & Banks, K. (Eds.). (2014). *Maitland's vertebral manipulation: Management of neuromusculoskeletal disorders* (8th ed., Vol. 1). Edinburgh, Scotland: Churchill Livingstone Elsevier. [eBook available]

Subject Content	
Week	Clinical Practicum
1-13.	<p>Clinic practicum extends from Week 1 to Week 13 with a one week non-teaching week (in Semester 1 this week aligns with the week after Easter so it may fall between Weeks 6 to 8, in Semester 2 it falls between Weeks 7 & 8). Make-up clinics may be scheduled during the non-teaching week.</p> <p>Progressive assessments are conducted in Weeks 7 and 13 and students are presented with written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics.</p> <p>In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum.</p> <p>During myotherapy clinical practicum students will practice under supervision:</p> <ul style="list-style-type: none"> • Conducting clinical consultations and observations • Good client-practitioner communication • Case taking • Clinical examination skills and physical assessment • Developing individualised treatment plans • Prescription of home care exercises or activities • Appropriate referral • Undertaking Patient Reported Outcome Measures (PROMs) and monitoring results over time • Present to supervisor and obtain approval for treatment plan • Office management skills and reception duties • Observing all clinic policies and procedures • Participating in debriefing sessions at the conclusion of each clinical practicum to identify any important issues
14.	<p>Non-Teaching Week/Practical Examination Week 1</p> <p>Note that make-up classes may be scheduled in this week</p>
15.	<p>Non-Teaching Week/Practical Examination Week 2</p> <p>Note that make-up classes may be scheduled in this week</p>
16.	<p>Final Examination Week 1</p> <p>There is no final exam for this subject</p>
17.	<p>Final Examination Week 2</p> <p>There is no final exam for this subject</p>