

SUBJECT OUTLINE



Subject Name:

Myotherapy Clinical Skills

Subject Code:

MSTC121

SECTION 1 - GENERAL INFORMATION

Award/s:	Bachelor of Health Science (Myotherapy)	Total Course Credit Points:	96	Level:	1 st Year
Duration:	1 Semester				
Subject Coordinator:	Sue Sharpe (Melbourne campus)				
Subject is:	Core	Subject Credit Points:	2		

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
3	2	5

Delivery Mode:

Face to Face 1 x 3 hour lecture
(On campus)

Intensive Delivery Contact hours are delivered over 1 week with 5 x 8 hour days
(Summer School) Content: Lectures

Assessment: Mid-semester Written Exam - Week 1; Written Assignment - Week 1; Final Written Exam - Week 6

Full Time

Part Time

Pre-requisites: SOCF111

Co-requisites: MSTF121

Special Resource Requirements:

HLTAID003 Provide first aid (VET unit of competency)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject enables students to contextualise myotherapy clinical therapy in relation to clinical practice, and enables confidence with all aspects of clinic and client management. This subject is fundamental to students entering clinical practice in the Endeavour Teaching Clinics and will contribute to their understanding of state and federal WHS legislation in relation to infection control, risk and hazard identification, risk management and other aspects of Work, Health and Safety.

Learning Outcomes

1. Explore the legislative responsibilities regarding work, health and safety and infection control for a clinic setting.
2. Develop a working knowledge of the Risk Management Tool in identifying workplace hazards and assessing, prioritising and controlling risks associated with these hazards.
3. Demonstrate an understanding of effective history taking, referral writing and written documentation.
4. Demonstrate an understanding of ethics, legal and regulatory issues of relevance to conducting a practice as a business.
5. Develop an understanding of effective practice administration including marketing, insurance, knowledge of resources and support systems, and professional communication with clients.

Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
Mid-Semester Written Exam	1-2	1-4	Session 5	30%
Written Assignment (1000 words)	3	6-10	Week 12	30%
Final Written Exam (2 hours)	3-5	6-13	Final Examination Period	40%

All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS

Prescribed Readings:

- Zetler, J., & Bonello, R. (2012). *Essentials of law, ethics and professional issues for CAM*. Sydney, NSW: Churchill Livingstone Elsevier. [eBook available]

Recommended Readings:

- Corey, G., Corey, M. S., Corey, C., & Callanan, P. (2015). *Issues and ethics in the helping professions* (9th ed.). Stamford, CT: Thomson Brooks / Cole.
- Weir, M. (2016). *Law and ethics in complementary medicine: A handbook for practitioners in Australia and New Zealand* (5th ed.). Sydney, NSW: Allen and Unwin.

Subject Content

Week	Lectures	Tutorials / Practicals
1.	Introduction (Subject Outline / Subject Aims / Assessment / Teaching Resources) Work health and safety: Principles, objectives and importance National and state-based Work Health and Safety (WHS) legislation	
2.	The risk management tool Hazardous substances Plant and equipment	
3.	Ergonomics and manual handling Incidents and accidents: Prevention, response, investigation, analysis and reporting Emergency situations: Fire, security threat, natural disasters and other emergencies	
4.	Overview of infection control in a clinical setting The infection cycle: Disease reservoirs, methods of transmission, portals of entry and susceptibility Infection control principles Housekeeping: cleaning and maintaining the clinic environment and equipment Waste categorisation, disposal and management Management of body fluid spills, needle stick injuries and other body fluid-related incidents	
5.	Mid-semester Written Exam	
6.	Ethical practice and codes of ethics Dual relationships Boundaries and professional language Efficiency of treatment, reassessment as an ethical tool	

7.	<p>Legislation relating to manual therapies and natural health practitioners</p> <p>Confidentiality</p> <p>Informed consent</p> <p>Duty of care and negligence</p> <p>Client record keeping responsibilities</p>
	<p>NON-TEACHING WEEK (note that make-up classes may be scheduled in this week)</p> <p>Semester 1 - This aligns with the week after Easter so it may fall between Weeks 6 to 8</p> <p>Semester 2 - The non-teaching week falls between Weeks 7 and 8</p>
8.	<p>Physical self-care</p> <p>Assertiveness, setting expectations, scope of practice and boundaries</p> <p>Taking client history: theory and practice</p> <p>Red-flag identification and decision-making</p>
9.	<p>History-taking review, practice and case studies</p> <p>Time management during history-taking, assessment and treatment</p> <p>Writing case notes</p>
10.	<p>Referral rationale, process and documentation</p> <p>Written communication with clients</p> <p>Medico-legal reporting</p> <p>Self-reflection, self-inquiry and self-development</p>
11.	<p>Myotherapy in the Australian health industry</p> <p>Types of insurance: Public liability, professional indemnity, product liability, business protection</p> <p>Legal and insurance boundaries: Scope of practice, clarification of role and boundaries</p> <p>Legal and insurance boundaries: Mobilisation vs manipulation; dry needling vs acupuncture</p> <p>Professional associations and regulation of the profession</p>
12.	<p>Minimum wages and conditions, Modern Awards, and superannuation</p> <p>Australian Tax Office classifications: Contractor vs employee</p> <p>Pricing, percentages and employment circumstances</p>
13.	<p>The therapist as a business manager/owner</p> <p>Client-driven environmental factors</p> <p>Marketing: self-marketing, niche marketing, social media and ethical advertising</p> <p>Revision</p>
14.	<p>Non-Teaching Week/Practical Examination Week 1</p> <p>Note that make-up classes may be scheduled in this week</p>
15.	<p>Non-Teaching Week/Practical Examination Week 2</p> <p>Note that make-up classes may be scheduled in this week</p>
16.	<p>Final Examination Week 1</p> <p>Please refer to the Examination Timetable for your local campus for the exact day and time of exam</p>
17.	<p>Final Examination Week 2</p> <p>Please refer to the Examination Timetable for your local campus for the exact day and time of exam</p>