

SUBJECT OUTLINE



Subject Name:

Myotherapy Clinical Skills

Subject Code:

MSTC121

SECTION 1 – GENERAL INFORMATION

Award/s:

Bachelor of Health Science (Myotherapy)

Total course credit points:

96

Level:

1st Year

Duration:

1 Semester

Subject Coordinator: Paul McCann (Adelaide campus)

Subject is: Core

Subject Credit Points: 2

Student Workload:

No. timetabled hours per week:

3

No. personal study hours per week:

2

Total hours per week:

5

Delivery Mode:

Face to face

3 hour lecture

Intensive Delivery

Details:

Summer School - contact hours are delivered over one week Monday to Friday for full days.

Written assessments for the Summer School intensive delivery are due to be uploaded by Sunday on the week assigned throughout the Summer School period.

Mid-Semester exam held in session 5 of the Summer School intensive delivery week.

Final exam held in Week 6 of Summer School.

Full Time

Part Time

Pre-requisites: SOCF111, attain Provide First Aid (HLTAID003) (previously Senior First Aid Level 2)

Co-requisites: MSTF121

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject enables students to contextualise myotherapy clinical therapy in relation to clinical practice, and enables confidence with all aspects of clinic and client management. This subject is fundamental to students entering clinical practice in the Endeavour clinics and will contribute to their understanding of state and federal WHS legislation in relation to infection control, risk and hazard identification, risk management and other aspects of Workplace Health and Safety.

Learning Outcomes

1. Explore the legislative responsibilities regarding workplace health and safety and infection control for a clinic setting.
2. Develop a working knowledge of the Risk Management Tool in identifying workplace hazards and assessing, prioritising and controlling risks associated with these hazards.
3. Demonstrate an understanding of effective history-taking, referral writing and written documentation.
4. Demonstrate an understanding of ethics, legal and regulatory issues of relevance to conducting a practice as a business.
5. Develop an understanding of effective practice administration including marketing, insurance, knowledge of resources and support systems, and professional communication with clients.

Assessment Tasks				
Type	Learning Outcomes Assessed	Weeks Content Delivered	Week Due	Weighting
Mid Semester Exam (2 hours)	1,2	1-4	5	30%
Written Assignment (1000 words)	3	6-10	12	30%
Final Exam (2 hours)	3,4,5	6-13	Final Exam Period	40%

Prescribed readings:

- Zetler, J., & Bonello, R. (2012). *Essentials of law, ethics and professional issues for CAM*. Sydney, NSW: Churchill Livingstone Elsevier. [eBook available]

Recommended readings:

- Corey, G., Corey, M.S., Corey, C., & Callanan, P. (2015). *Issues and ethics in the helping professions* (9th ed.). Stamford, CT: Thomson Brooks / Cole.
- Weir, M. (2011). *Law and ethics in complementary medicine: A handbook for practitioners in Australia and New Zealand* (4th ed.). Sydney, NSW: Allen and Unwin.

Subject Content	
Week	Lecture
1.	Introduction to the subject Work health and safety: Principles, objectives and importance National and state-based Work Health and Safety (WHS) legislation The risk management tool
2.	The risk management tool: Review and application to the clinic environment Emergency situations: Fire, security threat, natural disasters and other emergencies Hazardous substances Plant and equipment Ergonomics and manual handling
3.	Incidents and accidents: Prevention, response, investigation, analysis and reporting Workers' compensation, return to work legislative requirements and responsibilities WHS programs: Implementation, training, communication, policies and procedures
4.	Overview of infection control in a clinical setting The infection cycle: Disease reservoirs, methods of transmission, portals of entry and susceptibility Infection control principles Housekeeping: cleaning and maintaining the clinic environment and equipment Waste categorisation, disposal and management Management of body fluid spills, needle stick injuries and other body fluid-related incidents
5.	Mid-semester exam
6.	Ethical practice and codes of ethics Dual relationships Boundaries and professional language

	Efficiency of treatment, reassessment as an ethical tool
7.	Legislation relating to manual therapies and natural health practitioners Confidentiality Informed consent Duty of care and negligence Client record-keeping responsibilities
	NON-TEACHING WEEK (note that make-up classes may be scheduled in this week) Semester 1 - This aligns with the week after Easter so it may fall between weeks 6 to 8. Semester 2 - The break week falls between Weeks 7 and 8.
8.	Physical self-care Assertiveness, setting expectations, scope of practice and boundaries Taking client history: theory and practice Red-flag identification and decision-making
9.	History-taking review, practice and case studies Time management during history-taking, assessment and treatment Writing case notes
10.	Referral rationale, process and documentation Written communication with clients Medico-legal reporting Self-reflection, self-inquiry and self-development
11.	Myotherapy in the Australian health industry Types of insurance: Public liability, professional indemnity, product liability, business protection Legal and insurance boundaries: Scope of practice, clarification of role and boundaries Legal and insurance boundaries: Mobilisation vs manipulation; dry needling vs acupuncture Professional associations and regulation of the profession
12.	Minimum wages and conditions, Modern Awards, and superannuation Australian Tax Office classifications: Contractor vs employee Pricing, percentages and employment circumstances
13.	The therapist as a business manager/owner Client-driven environmental factors Marketing: self-marketing, niche marketing, social media and ethical advertising Revision
14.	Non-Teaching Week/Practical Exam Week 1. Note that make-up classes may be scheduled in this week.
15.	Non-Teaching Week/Practical Exam Week 2. Note that make-up classes may be scheduled in this week.
16.	Final Exam Week 1 Please refer to the Exam Timetable for your campus for the exact time and day of the final exam.
17.	Final Exam Week 2 Please refer to the Exam Timetable for your campus for the exact time and day of the final exam.