Subject Name: Myotherapy Clinical Practicum 2    Subject Code: MSTC223

SECTION 1 - GENERAL INFORMATION

<table>
<thead>
<tr>
<th>Award/s:</th>
<th>Total Course Credit Points:</th>
<th>Level:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bachelor of Health Science (Myotherapy)</td>
<td>96</td>
<td>2nd Year</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Duration:</th>
<th>Subject Coordinator:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Semester</td>
<td>Taylor-Jane Sharouni (Sydney campus)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Subject is:</th>
<th>Subject Credit Points:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Core</td>
<td>4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Student Workload:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>No. timetabled hours per week: 6</td>
<td>No. personal study hours per week: 4</td>
</tr>
</tbody>
</table>

Delivery Mode:

- Face to Face (On campus) - 2 x 3 hour clinical practicum
- Intensive Delivery (Summer School) - Contact hours are delivered over 6 weeks with 2 x 6.5 hour days delivered per week

Content: Clinical practicum

Assessment:
- Attendance - Weeks 1-6; Mid-semester Progressive Clinical Assessment - Week 3; Client Logs - Weeks 3 and 5; Final Progressive Clinical Assessment - Week 6
- Full Time
- Part Time

Pre-requisites: MSTR211, MSTC212

Co-requisites: Nil

Special Resource Requirements:
- Goniometer
- HLTAID003 Provide first aid (VET unit of competency)
- LMS-based clinic induction and quiz
- Professional Dress Standards as described by Wellnation Clinic Student Handbook

Wellnation Clinic Student Handbook

WWCC (or its equivalent) for the location in which subject is undertaken as per Working with Children Check Policy

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject is designed to provide students with an opportunity to further develop their ability and confidence whilst integrating and applying myotherapy knowledge and skills and develop individual treatment plans for clients in a supervised clinical setting. The subject enables students to employ the skill sets they have acquired studying treatment protocols in the previous semesters.
## Learning Outcomes

1. Consistently apply professionalism and an understanding of the protocol for history taking and the recording of findings.
2. Identify musculoskeletal imbalances and develop a differential diagnosis based on clinical findings.
3. Apply therapeutic protocols relevant to the clinical findings.
4. Evaluate the effectiveness of the treatment through re-assessing the client’s presentation, client feedback and self-reflection.
5. Devise and apply a plan or strategy for musculoskeletal health promotion based on the client’s overall clinical picture.
6. Discuss evidence-based myotherapy interventions.

## Assessment Tasks

<table>
<thead>
<tr>
<th>Type</th>
<th>Learning Outcomes Assessed</th>
<th>Session Content Delivered</th>
<th>Due</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance (100% required)</td>
<td>N/A</td>
<td>N/A</td>
<td>Sessions 1-26</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Mid-semester Progressive Clinical Assessment (rubric-based)</td>
<td>1-6</td>
<td>1-12</td>
<td>Session 13-14</td>
<td>30%</td>
</tr>
<tr>
<td>2 Client Logs (750 words, each)</td>
<td>1-5</td>
<td>1-20</td>
<td>Weeks 5 &amp; 11</td>
<td>20% (2 x 10%)</td>
</tr>
<tr>
<td>Final Progressive Clinical Assessment (rubric-based)</td>
<td>1-4</td>
<td>14-25</td>
<td>Session 25-26</td>
<td>50%</td>
</tr>
</tbody>
</table>

All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS

**Prescribed Readings:**


**Recommended Readings:**

### Subject Content

<table>
<thead>
<tr>
<th>Week</th>
<th>Clinical Practicum</th>
</tr>
</thead>
</table>
| 1-13. | Clinic practicum extends from Week 1 to Week 13 with a one week non-teaching week (in Semester 1 this week aligns with the week after Easter so it may fall between Weeks 6 to 8, in Semester 2 it falls between Weeks 7 & 8). Make-up clinics may be scheduled during the non-teaching week. Progressive assessments are conducted in Weeks 7 and 13 and students are presented with written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics. In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum. During myotherapy clinical practicum students will practice under supervision:  
- Conducting clinical consultations and observations  
- Good client-practitioner communication  
- Case taking  
- Clinical examination skills and physical assessment  
- Developing individualised treatment plans  
- Prescription of home care exercises or activities  
- Appropriate referral  
- Undertaking Patient Reported Outcome Measures (PROMs) and monitoring results over time  
- Present to supervisor and obtain approval for treatment plan  
- Office management skills and reception duties  
- Observing all clinic policies and procedures  
- Participating in debriefing sessions at the conclusion of each clinical practicum to identify any important issues |

| 14. | Non-Teaching Week/Practical Examination Week 1  
Note that make-up classes may be scheduled in this week |
| 15. | Non-Teaching Week/Practical Examination Week 2  
Note that make-up classes may be scheduled in this week |
| 16. | Final Examination Week 1  
There is no final exam for this subject |
| 17. | Final Examination Week 2  
There is no final exam for this subject |