

SUBJECT OUTLINE



Subject Name:

Myotherapy Clinical Practicum 2

Subject Code:

MSTC223

SECTION 1 – GENERAL INFORMATION

Award/s:

Bachelor of Health Science (Myotherapy)

Total course credit points:

96

Level:

2nd Year

Duration:

1 Semester

Subject Coordinator: Taylor-Jane Sharouni (Sydney campus)

Subject is: Core

Subject Credit Points: 4

Student Workload:

No. timetabled hours per week:

6

No. personal study hours per week:

4

Total hours per week:

10

Delivery Mode:

Face to face

6 hour clinical practicum

Intensive Delivery

Details:

Summer School - contact hours are delivered over 6 weeks with 2 x 6.5 hour days delivered per week.

Assessment: Mid-semester and Final Practical reviews are completed in class in Weeks 3 & 6 of the intensive.

Reflective logs for intensive delivery are due to be uploaded by Sunday on the week assigned throughout the Summer School period (Weeks 3 & 5).

Full Time

Part Time

Pre-requisites: MSTC212, MSTR211

Co-requisites: Nil

Special resource requirements:

Working with Children Check (varies by State)

Current Provide First Aid (HLTAID003) competency

Endeavour College approved attire

Endeavour College Teaching Clinic Handbook

Mandatory online clinic induction

Goniometer

Myofascial release balm

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject is designed to provide students with an opportunity to further develop their ability and confidence whilst integrating and applying myotherapy knowledge and skills and develop individual treatment plans for clients in a supervised clinical setting. The subject enables students to employ the skill sets they have acquired studying treatment protocols in the previous semesters.

Learning Outcomes

1. Consistently apply professionalism and an understanding of the protocol for history taking and the recording of findings.
2. Identify musculoskeletal imbalances and develop a differential diagnosis based on clinical findings.
3. Apply therapeutic protocols relevant to the clinical findings.
4. Evaluate the effectiveness of the treatment through re-assessing the client's presentation, client feedback and self-reflection.

5. Devise and apply a plan or strategy for musculoskeletal health promotion based on the client's overall clinical picture.
6. Discuss evidence-based myotherapy interventions.

Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Session Due	Weighting
Attendance (100% attendance is required)	N/A	N/A	1-26	Pass/Fail
Mid-semester Progressive Clinical Assessment (rubric-based)	1-6	1-12	13-14	30%
2 Client Logs (750 words each)	1-5	1-20	10,22	20% (10% each)
Final Progressive Clinical Assessment (ongoing rubric-based clinic assessment)	1-4	14-25	25-26	50%

Prescribed readings:

1. Hengeveld, E., & Banks, K. (Eds.). (2013). *Maitland's peripheral manipulation: Management of neuromusculoskeletal disorders* (5th ed., Vol. 2). Edinburgh, Scotland: Churchill Livingstone Elsevier. [eBook available]
2. Hengeveld, E., & Banks, K. (Eds.). (2014). *Maitland's vertebral manipulation: Management of neuromusculoskeletal disorders* (8th ed., Vol. 1). Edinburgh, Scotland: Churchill Livingstone Elsevier. [eBook available]

Recommended readings:

1. Petty, N. J. (2011). *Neuromusculoskeletal examination and assessment* (4th ed.). Edinburgh, Scotland: Churchill Livingstone Elsevier. [eBook available]

Subject Content

Week	Clinical Practicum
1 – 13.	<p>Clinic practicum extends from Week 1 to Week 13 with a one week non-teaching week break around Weeks 6-8 in Semester 1 (depending on Easter) or between Weeks 7 & 8 in Semester 2. Note that make-up classes may be scheduled during non-teaching weeks.</p> <p>Progressive assessments are conducted in Weeks 7 and 13 and students are presented with written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics.</p> <p>In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum.</p> <p>During myotherapy clinical practicum students will practice under supervision:</p> <ul style="list-style-type: none"> • Conducting clinical consultations and observations • Good client-practitioner communication

	<ul style="list-style-type: none"> • Case taking • Clinical examination skills and physical assessment • Developing individualised treatment plans • Prescription of home care exercises or activities • Appropriate referral • Undertaking Patient Reported Outcome Measures (PROMs) and monitoring results over time • Present to supervisor and obtain approval for treatment plan • Office management skills and reception duties • Observing all clinic policies and procedures • Participating in debriefing sessions at the conclusion of each clinical practicum to identify any important issues.
14.	Non-Teaching Week / Practical Examination Week. Note that make-up classes may be scheduled in this week.
15.	Non-Teaching Week / Practical Examination Week. Note that make-up classes may be scheduled in this week.
16-17.	Final Exam Weeks 1 & 2 This subject has no final written exam.