

Subject Outline

Subject Name:	Naturopathic Clinical Skills 1
Subject Code:	NATC221
Award(s):	Bachelor of Health Science (Naturopathy)
Core/ Elective:	Core – 4 credit points
Pre/co-requisites:	NMDF121, BIOH122, SOCF111, WHMF211
Student Workload:	78 hours face to face 72 hours self-directed study
Delivery Mode:	<p>Face to face</p> <ul style="list-style-type: none"> • 1 x 3 hours combined lecture/practical tutorial • 1 x 3 hours clinical observation <p>Full Time</p> <p>Part Time</p>
Subject Coordinator:	Therasia Jennings
Subject Rationale:	<ul style="list-style-type: none"> • This subject serves as an introduction to concepts and skills associated with clinical practise. This includes an understanding of client/practitioner communication patterns and important theoretical and practical concepts gained from previous subjects. • It builds and develops the students' clinical practicum framework while observing a real consultation process. • The subject teaches clinical observation as an active, purposeful task that stimulates deep learning and adds to the development of clinical thinking and reasoning. With guided and structured observation students analyse elements of the consultation, understand the interdependency of client and practitioner behaviour and duty of care. • Students review disease states in multiple body systems and identify signs and symptoms in the patient by observing case history taking. • This will lead to developing the therapeutic strategy and determining a treatment plan, prescription and case management of a client case. • By adhering to the Endeavour clinic policies and procedures, the student gains familiarity with government-based requirements for current complementary practice such as Occupational Health and Safety Standards. • This unit will prepare students to enter Naturopathic Clinical Practicum 1, where they conduct professional client consultations under supervision.

Learning Outcomes:

1.	Understand the concepts and skills associated with clinical practice including naturopathic medicine philosophy and principles towards the health management of a client.
2.	Demonstrate skills in professional communication including verbal communication and questioning skills, written communication for health care referrals and thorough record keeping skills.
3.	Observe an actual client case and practise case-taking skills and its application for the purpose of facilitating a consultation process.



4.	Record and evaluate details from an observed case in the form of a reflective log to evaluate the quality and efficacy of their client case observation.
5.	Develop a therapeutic strategy, treatment plan and prescription from a student consultation.
6.	Manage a follow-up consultation.
7.	Understand clinic management procedures and protocols.
8.	Demonstrate knowledge of risk management as it applies to both occupational health and safety and infection control in the clinical setting.

Content:

Week	Lecture	Tutorial Activity	Clinical Observation
1.	Session 1 Introduction to observation: <ul style="list-style-type: none"> Naturopathic philosophy & ideology within the naturopathic process of case taking. The role of the clinic observer Patient and practitioner communication and interactions. 	Group Work/Discussion: <ul style="list-style-type: none"> Potential obstacles encountered in implementing naturopathic principles in clinical practice. 	Observation: <ul style="list-style-type: none"> Students attend and observe the clinic orientation procedures.
2.	Session 2 Introduction to case taking and the reflective log: <ul style="list-style-type: none"> Teach different types of data Teach how to collate the data Understand how to interpret the data Discuss the role of the reflective log Teach and understand how to complete the clinic case-taking forms 	Group Work: <ul style="list-style-type: none"> Students work in pairs to practise collecting information from each other for the process of case taking using the case taking forms Students practise processes of communication and interaction. Students practise completing a reflective log 	Observation: <ul style="list-style-type: none"> Students to observe initial case taking procedures in student clinic Student to complete a reflective log
3.	Session 3 Case Taking Skills: <ul style="list-style-type: none"> Building client/practitioner rapport Teach observation skills Asking the right questions Understand how to prioritise information 15 min debrief on previous weeks observation experience 	Group Work: <ul style="list-style-type: none"> Students work in pairs to practise observation skills Students observe, listen and discuss each other's case taking skills with question asking Students practise prioritising case information. 	Observation: <ul style="list-style-type: none"> Student to observe questioning and communication skills
4.	Session 4 Building the case-taking framework – the body systems: <ul style="list-style-type: none"> Introduce the body systems to case taking process Discuss their relevance and importance Teach which questions to ask in 	Group Work: <ul style="list-style-type: none"> Students to work in pairs to practise case taking in relation to body systems 	Observation: <ul style="list-style-type: none"> Student to observe questioning in relation to relevant body systems



	<p>relation to the systems</p> <ul style="list-style-type: none"> • Grading signs and symptoms • 15 min debrief on previous weeks observation experience 		
5.	<p>Session 5</p> <p>Summarising the information:</p> <ul style="list-style-type: none"> • Revision of body systems from last week • Students learn to complete a Case Summary form to summarise the client's presenting signs and symptoms, medical history, family history, systems and lifestyle factors. • 15 min debrief 	<p>Group Work:</p> <ul style="list-style-type: none"> • Students work in pairs to follow on with their case taking skills to cover the body systems\ • Students practise summarising information • Students practise completing the Case Summary forms 	<p>Observation:</p> <ul style="list-style-type: none"> • Student to complete a reflective log form
6.	<p>Session 6</p> <p>Summarising the information:</p> <ul style="list-style-type: none"> • Incorporate diagnostic information e.g. blood pressure, anthropometric measurements • Students develop an orthodox diagnosis and a differential diagnosis within the naturopathic context of the case • 15 min debrief on previous weeks observation experience 	<p>Group Work:</p> <ul style="list-style-type: none"> • Students continue completing their Case Summary forms and incorporate the orthodox and differential diagnosis. • Students practise taking blood pressure and anthropometric measurements and record the information on the case form. 	<p>Observation:</p> <ul style="list-style-type: none"> • Student to observe relevant physical examinations conducted in consultation
7.	<p>Session 7</p> <p>The Naturopathic Analysis:</p> <ul style="list-style-type: none"> • Develop a schematic diagram or mind map to formulate an analysis of a case from a holistic perspective • 15 min debrief on previous weeks observation experience 	<p>Group Work:</p> <ul style="list-style-type: none"> • Student to work in pairs practising the development of schematic diagrams and mind maps 	<p>Observation:</p> <ul style="list-style-type: none"> • Student to pay particular attention to the development of the schematic diagram post consultation
8.	<p>MID SEMESTER BREAK</p> <p>Semester 1 – This break aligns with Easter so it may fall between weeks 6 to 8.</p> <p>Semester 2 – Week 8</p>		
9.	<p>Session 8</p> <p>Determining a Therapeutic Strategy, Treatment Plan and Prescription:</p> <ul style="list-style-type: none"> • Determine a therapeutic strategy • Develop a treatment plan • Compile a prescription • Common mistakes encountered with therapeutic planning • 15 min debrief on previous weeks observation experience 	<p>Group Work:</p> <ul style="list-style-type: none"> • Discuss treatment implications – limitations to treatment • Discuss common mistakes students may encounter when developing a therapeutic strategy and treatment plan • Discuss ways of correcting and/or avoiding making these mistakes • Practice compiling a prescription 	<p>Observation:</p> <ul style="list-style-type: none"> • Student to complete a reflective log form



10.	Session 9 Case Management: <ul style="list-style-type: none"> The follow-up consultation process Reviewing the treatment plan Duty of Care – when to refer Writing Referral letters 15 min debrief on previous weeks observation experience 	Group Work: <ul style="list-style-type: none"> Students to discuss situations that may require referral and other ways of demonstrating “Duty of Care” Students to practise writing referral letters 	Observation: <ul style="list-style-type: none"> Student to observe case summary, the development of a treatment plan and final prescription
11.	Session 10 Clinic Procedures and Management: <ul style="list-style-type: none"> The clinic set-up Making appointments Managing client files Client confidentiality Dispensary Procedures 	Group Work: <ul style="list-style-type: none"> Students practise follow-up consultation processes in pairs using the clinic return client form. Students visit clinic reception and dispensary to familiarise themselves with college clinic procedures 	Observation: <ul style="list-style-type: none"> Student to complete reflective clinic log form
12.	Session 11 Health and Safety in the clinical setting: <ul style="list-style-type: none"> Important aspects of Occupational Health and Safety Notifiable diseases and infection control Review of college policies and procedures with health and safety issues 	Group Work: <ul style="list-style-type: none"> Students to discuss awareness of any notifiable diseases and health and safety issues. 	Observation: <ul style="list-style-type: none"> Student to observe all aspects of OH&S in the clinical environment
13.	Session 12 Revision: <ul style="list-style-type: none"> Revise and discuss case taking processes and the use of the clinic forms and case management procedures. Lecturer to supply class with a hypothetical case. 	Discussion: <ul style="list-style-type: none"> Discuss cases in groups to arrive at a plausible therapeutic strategy, treatment plan and prescription based on the given client history. Students discuss comparative differences noted in each group’s case summary forms 	Observation: <ul style="list-style-type: none"> Student to complete a reflective log form
14.	ROLE PLAY/WRITTEN CASE SUMMARY 50%	Students work in pairs to perform a case taking exercise including dietary history, blood pressure and anthropometric measurements	Observation: <ul style="list-style-type: none"> Student to observe and pay particular attention to the follow up consultation procedures
15.	Study Week		
16.	Study Week – OHS Workbook Due		
17-18.	Final Exam Weeks (no final exam for this subject)		



Set Text Requirements:

1. Endeavour Student Clinic Handbook.
2. Endeavour Black Polo Shirt

Assessments:

Assessment Item	Topic/s	Learning Outcome assessed	Week Content Delivered	Week Due	Weighting
1. Reflective Log on clinic observation	Each student is required to attend 13 clinical observation sessions and submit 5 log forms including 200 – 250 word reflection of the observed case components. Completed log forms are to be handed to the Clinic Supervisor in the observation clinic at the beginning of each observation clinic session	1, 2, 3, 4	1 - 13	3 – 14 Clinic Session	50%
2. Role Play (60 minutes)	Each student is required to perform one role play in dyads as a practitioner taking a case. You will use the Clinic Case Taking Form to record the information.	1, 2, 3,	1 - 12	14 Lecture Session	25%
3. Written Case Summary Assessment (60 minutes)	Develop a mind map and summarize the case using the Clinic Case Summary Form. Design a therapeutic strategy, treatment plan and prescription of the role-play case	5	5 - 8	14 Lecture Session	25%
4. OHS	Each student is required to undertake three online OHS workshop sessions via LMS and to complete the	8	3 - 6	16	S/F

	associated OHS workbook				
5. Attendance	100% attendance in classes and clinical observation sessions is required			1 - 14	S/F
6. Working with Children / Criminal History Check (as per the College's Working with Children Checks Policy)					S/F
7. Online Clinic Orientation Quiz	Note that 100% must be achieved to be successful in this component.				S/F

You will be assessed in this practical unit according to the Marking Rubric.

Important Note: Per the Attendance Policy, all clinic subjects (including clinical skills and clinic workshops) have a 100% attendance requirement. Students can miss up to the equivalent of one full week of scheduled sessions (e.g., can miss two sessions in the semester for a clinic subject that meets twice per week), but *only with a certificate from a qualified health practitioner or an application for Special Consideration*. All missed sessions must be made up by no later than Week 3 of the following semester, although every effort should be made to make up missed sessions before the end of the current semester to avoid receiving an Incomplete grade. Failure to make up missed sessions prior to Week 3 of the following semester will result in conversion of the Incomplete grade to a Failure. *Any student who misses more than the allowable number of sessions in a semester will be required to withdraw from the clinic subject immediately.*