



**BECOME A  
NATUROPATH**

**FOLLOW YOUR HEART**

2017 International Students Course Brochure  
Bachelor of Health Science (Naturopathy)

[endeavour.edu.au](http://endeavour.edu.au)



**ENDEAVOUR**  
COLLEGE OF NATURAL HEALTH

Naturopathy is a whole medical system combining theory (philosophy and principles) and practice that uses an array of natural therapies to support healing and maintain health. Its core principle, “the healing power of nature”, guides the naturopath’s use of herbal medicine, dietary counselling, manual therapies, flower essences, nutrition, lifestyle education and other modalities to treat illness and restore health.

#### Course Fees†

AUD \$72,339 (+ Electives)

#### Course Duration

4 years full time: 24 contact hours per week

#### Study Mode

Face-to-face on campus with selected subjects available online.

#### Online Learning

Students intending to study on a student visa are unable to enrol exclusively in online learning subjects in a course of study. International students on a student visa may only enrol in online learning subjects that comprise no more than 25% of the course.

Subjects that may be taken online are shown in the course structure opposite. For a current listing of online subject availability and intake dates visit [www.endeavour.edu.au/online-learning/subjects-available-online](http://www.endeavour.edu.au/online-learning/subjects-available-online).

#### Semester Intakes

February and August annually.

#### Entry Requirements

Endeavour College is a direct entry institution.

- Completion of Year 12, high school or an equivalent qualification in home country including study of a science related subject in the final two years of high school.
- Mature age students who have not completed Year 12 or an equivalent qualification and have relevant work or life experience that indicates they would be able to manage the course work required will be considered for admission on a case by case basis.
- English language ability equivalent to IELTS Academic Module Overall score of 7.0 (no less than 6.5 in each band) or equivalent.

#### Campus Availability

Brisbane, Gold Coast, Melbourne, Perth and Sydney.

#### Campus CRICOS Code:

National CRICOS Provider Code: 00231G

#### CRICOS Course Code:

028648G

#### Transfer Credit

Students may apply for credit for subjects recently studied in formal education.

#### Recognition of Prior Learning (RPL)

Students may apply for RPL based on relevant work experience and educational history.

## HOW TO APPLY?

- Apply online at [www.endeavour.edu.au/apply](http://www.endeavour.edu.au/apply).
- Phone 1300 462 887 and select “1” to speak with an Admissions team member.
- For general course enquires visit [www.endeavour.edu.au/enquire](http://www.endeavour.edu.au/enquire).

#### Payment

Tuition payment arrangements must be confirmed upon admission to the College.

Students must pay tuition fees for enrolled subjects six weeks prior to the relevant intake commencing. Payment of tuition fees for subjects enrolled in future intakes will only be accepted six weeks prior to the relevant intake/s. All payments must be made in Australian Dollars.

#### Classes

Classes are taught by experts who are highly trained in their fields and who bring their own clinical experience to help provide context to therapeutic subjects.

#### Practical Classes

To support learning, students attend practical classes where they are expected to practice interviewing techniques, examination and treatment procedures on each other under the supervision of qualified instructors. This is conducted with respect for privacy, cultural and religious differences.

#### Teaching Clinics

Students gain significant clinical experience at Endeavour’s Teaching Clinics under the supervision of qualified practitioners. In the clinics, students have the opportunity to develop and hone all skills required to run a successful clinic after graduation, including patient assessment and management, patient recruitment and continuity of care, customer service and dispensary management.

The following requirements must be organised prior to commencing clinical practicum prior to students undertaking any clinic. Current certification needs to be valid for duration of clinic session in the following areas:

- First Aid Certificate
- Relevant State Working with Children Check
- Police checks.

Student in clinic are required to wear a uniform

- Polo Shirt \$29.95 (Myotherapy, Massage)
- White coat \$29.95 (Acupuncture, Nutritional and Dietetic Medicine, Naturopathy).

#### Assessments

While some subjects require mid-term and final exams, assessments may also comprise quizzes, essays, practical/clinical skills demonstration and tutorial participation. Students enrolled in an online subject sit their final exam at the College or, if they live at a distance, under approved external supervision.

#### Association Recognition

Many Australian professional bodies offer recognition to international students under an international or affiliate membership. Gaining professional body recognition in the student’s country of origin is the responsibility of the student and is not guaranteed by the College.

Professional associations vary as to the amount of online learning that they accept in a Bachelor degree. Their standards may change at any time and although the College commits to keeping students informed of such changes, ultimately it is the student’s responsibility to keep abreast of these issues to ensure they meet the requirements. Please speak to a Student Adviser regarding restrictions that may apply to online learning subject enrolments.

Graduates may apply for membership with the following associations:

- Australian Natural Therapists Association (ANTA)
- Australian Traditional Medicine Society (ATMS)
- Australian Naturopathic Practitioners Association (ANPA)
- Australian Register of Naturopaths and Herbalists (ARONAH)
- National Herbalists Association of Australia (NHAA)

#### Career Opportunities

Many naturopaths work independently in private practice, setting their own hours and developing and managing their own businesses.

Others join multidisciplinary clinics with acupuncturists, chiropractors, osteopaths, musculoskeletal therapists, massage therapists, medical practitioners, and psychologists who share overhead costs, provide mutual support and cross refer patients or clients. Although many naturopaths conduct a general practice, others may develop a particular area of interest such as women’s medicine, cancer, children, autoimmune diseases, environmental medicine, men’s medicine, autism spectrum disorder, allergies or digestive disorders.

Some naturopaths catch the research bug and pursue graduate education research in the areas of complementary medicine, public health, a related modality or the allied health professions.

Other naturopaths regularly appear in the media as experts, write professional articles, specialty books, articles for the media, popular books and textbooks used in our courses and worldwide. Naturopaths also work for natural product companies formulating new products, conducting literature research, performing technical writing, providing product support for professionals or in sales and marketing.

#### Educational Pathways

As Australia’s largest provider of natural medicine education in Australia, and with a national campus footprint, the College has a role to provide students with educational pathways to further study. For more information on Educational Pathways, please visit [international.endeavour.edu.au](http://international.endeavour.edu.au).

For more information on this area of study explore online at [endeavour.edu.au](http://endeavour.edu.au) or call +61 7 3253 9340 to speak with an Admissions Adviser.



Selected Subjects Available Online



Full Time Study Load

# 2017 Full Time Course Structure – 4 Years

## Bachelor of Health Science (Naturopathy) BHSc (NAT)

Code	Subject Title	Contact Hrs/Wk	Credit Points	Subject Type	Pre-req	Co-req	Delivery Mode:	
							Online	Campus
<b>Semester 1 – 1st Year</b>								
BIOH111	Human Biological Science 1	6	4	Theory	–	–	✓	✓
BIOB111	Chemistry and Biochemistry	6	4	Theory	–	–	✓	✓
SOCH111	History of Healing	6	4	Theory	–	–	✓	–
SOCF111	Foundations of Communication and Counselling	3	2	Theory	–	–	✓	✓
NATP121	Naturopathic Philosophy, Principles and Practice	3	2	Theory	–	–	✗	✓
<b>Semester 2 – 1st Year</b>								
BIOH122	Human Biological Science 2	6	4	Theory	BIOH111	–	✓	✓
NMDF121	Foundations of Human Nutrition	6	4	Theory	BIOH111 + BIOB111	SOCQ121	✓	✓
WHMF121	Herbal Botany and Manufacturing	6	4	Theory/ Practical	BIOB111	–	–	✓
WHMF112	Herbal Medicine <i>Materia Medica</i> 1	3	2	Theory	BIOB111 + BIOH111	BIOH122	–	✓
SOCQ121	Foundations of Critical Enquiry	3	2	Theory	–	–	✓	✓
<b>Semester 3 – 2nd Year</b>								
NMDM121	Medicinal Food Science	6	4	Theory	BIOH111	NMDF121	✓	✓
BIOC211	Pathology and Clinical Science 1	6	4	Theory	BIOH122	–	✓	✓
BIOF211	Pharmacology	3	2	Theory	BIOH122	BIOC211	✓	✓
NMDF211	Nutritional Biochemistry	3	2	Theory	BIOH122 + NMDF121	–	–	✓
WHMF212	Herbal Medicine <i>Materia Medica</i> 2	3	2	Theory	WHMF112 + WHMF121 + BIOH122	–	–	✓
SOCP121	Psychology & Counselling Theory	3	2	Theory/ Practical	SOCF111	–	–	✓
<b>Semester 4 – 2nd Year</b>								
HMCL211	Clinical Skills 1	6	4	Theory/ Practical	BIOH122 + NMDF121 + SOCF111	SOCP121 + BIOC211	–	✓
WHMF221	Herbal Medicine Pharmacology and Pharmacognosy	6	4	Theory	BIOF211 + WHMF212 + BIOC211	BIOS222	–	✓
BIOS222	Pathology and Clinical Science 2 & 3	6	4	Theory	BIOC211	–	✓	✓
NMDS111	Sociology of Food	3	2	Theory	–	–	✓	✓
NATF311	Flower Essence Therapy	3	2	Theory	SOCF111	–	✓	✓
<b>Semester 5 – 3rd Year</b>								
WHMC311	Clinical Herbal Medicine	9	6	Theory	WHMF221 + BIOS222	–	–	✓
HMCL312	Clinical Skills 2	6	4	Theory/Practical	HMCL211 + BIOF211 + NMDF121 + WHMF212 + BIOC211	BIOE221 + HMCL223 + BIOS222 + WHMC311	–	✓
NMDD221	Dietary Planning Across the Lifespan	3	2	Theory	NMDS111 + NMDM121 + NMDF121	–	–	✓
HMCL223	Clinical Diagnostic Techniques	3	2	Theory	BIOC211 + BIOF211 + NMDF121	BIOS222	–	✓
BIOE221	Clinical Examination	3	2	Practical	BIOH122	BIOC211	–	✓
<b>Semester 6 – 3rd Year</b>								
NMDC221	Clinical Nutritional Medicine	9	6	Theory	NMDF211 + NMDM121 + BIOC211	BIOS222	–	✓
NATC321	Naturopathic Clinical Practicum 1	6	4	Clinic	WHMC311 + BIOE221 + HMCL223 + HMCL312 + NMDD221 + NATP121	NMDC221 + SOCI221	–	✓
Elective 1	Stream 1 or 2 Elective (see below)	6	4*	–	–	–	–	–
SOCI221	Interpersonal Skills of the Helper	3	2	Theory/Practical	SOCF111	–	–	✓
<b>Semester 7 – 4th Year</b>								
NATC414	Naturopathic Clinical Practicum 2	9	6	Clinic/Workshop	NATC321 + NMDC221 + SOCI221	–	–	✓
WHMF314	Advanced Herbal Medicine	3	2	Theory	WHMC311	–	–	✓
SOCH311	Foundations of Public Health	3	2	Theory	–	–	–	✓
NMDA321	Nutritional Physiology Research	3	2	Theory	NMDC221 + BIOS222 + SOCQ121	SOCH311	–	✓
Elective 2	Stream 1 or 2 Elective (see below)	3	2	–	–	–	–	–
Elective 3	Stream 1 or 2 Elective (see below)	3	2	–	–	–	–	–
<b>Semester 8 – 4th Year</b>								
NATC425A	Naturopathic Clinical Practicum 3A	9	6	Clinic	NATC414 + WHMF314 + NMDA321	–	–	✓
NATC425B	Naturopathic Clinical Practicum 3B	9	6	Clinic/Workshop	NATC414 + WHMF314 + NMDA321	–	–	✓
Elective 4	Free Choice Elective (see below)	3	2	–	–	–	–	–
SOCE311	Establish and Manage a Practice	3	2	Theory	–	–	✓	✓

**Course Totals** **128**

**Electives\*\* – Students must elect 8 CP of electives from a single elective stream**

<b>Elective Stream 1</b>								
HOMC121	Homeopathic Acute Prescribing	6	4	Theory	BIOH111	–	✓	✓
HOMT122	Homeopathic Case Taking	3	2	Theory	SOCF111	HOMC121	✓	✓
HOMM122	Comparative <i>Materia Medica</i>	3	2	Theory	–	HOMC121 + BIOH122	✓	✓
<b>Elective Stream 2</b>								
MSTA121	Musculoskeletal Anatomy and Palpation 1	3	2	Practical	–	BIOH111	–	✓
MSTR211	Myofascial Release	3	2	Practical	–	MSTA121	–	✓
MSTT211	Myotherapy for the Lower Body 1	3	2	Practical	MSTA121	–	–	✓
MSTT212	Myotherapy for the Upper Body 1	3	2	Practical	MSTA121	–	–	✓
<b>Free Choice Electives</b>								
NMDH322	Community Public Health Nutrition	3	2	Theory	SOCH311 + NMDF121 + NMDM121 + SOCQ121	–	–	✓
WHMI311	Indigenous Plant Medicine	3	2	Theory	WHMF221 + SOCH111	–	–	✓
NMDE211	Energetics of Food	3	2	Theory	NMDS111 + NMDF121 + NMDM121 + SOCH111	–	–	✓
NMDS311	Sports Nutrition	3	2	Theory	NMDF121	–	–	✓
NMDW221	Weight Management in Health and Disease	3	2	Theory	NMDF121 + NMDM121 + BIOC211	BIOS222	–	✓

\* Elective 1 will be a single 4CP subject or two 2CP subjects taken concurrently, depending upon the elective stream chosen above.

\*\*All electives are not guaranteed to be timetabled every semester – please consult your timetable for current offerings.

# Subject Descriptions

## Bachelor of Health Science (Naturopathy) BHSc (NAT)

Code	Subject Title	Description
<b>Semester 1</b>		
BIOH111	Human Biological Science 1	Introduces concepts of human physiology, anatomy and homeostasis within cellular, tissue and system levels, including nervous, muscular, skeletal and endocrine.
BIOB111	Chemistry and Biochemistry	Introduces basic concepts of chemistry and biochemistry needed to understand chemical homeostasis at cellular, tissue and system levels.
SOCH111	History of Healing	History and philosophy of health paradigms from early human existence to present day. Current public health is explored.
SOCF111	Foundations of Communication and Counselling	Introduces communication, counselling and interpersonal skills for a natural medicine practitioner.
NATP121	Naturopathic Philosophy, Principles and Practice	Introduces the student to the principles, philosophy, and assessment and treatment planning frameworks of Naturopathy, including practical application of the concepts learned through case studies.
<b>Semester 2</b>		
BIOH122	Human Biological Science 2	Introduces concepts of human physiology, anatomy and homeostasis within further system levels, including digestive, cardiovascular, immune, pulmonary, urinary and reproductive.
NMDF121	Foundations of Human Nutrition	Establishes the essential bridge between bioscience and nutrition science. Students explore the biological and physiological functions of macro and micro nutrients.
WHMF121	Herbal Botany and Manufacturing	Introduces the study of plant medicine through an exploration of botany and the preparation of herbal pharmaceuticals in various forms.
WHMF112	Herbal Medicine <i>Materia Medica</i> 1	Explores plants used in herbal and naturopathic practice from traditional, historical and research-based perspectives.
SOCQ121	Foundations of Critical Enquiry	Learn to critically evaluate relevant literature, understand a variety of research methodologies, statistical techniques, and importance of research ethics.
<b>Semester 3</b>		
NMDM121	Medicinal Food Science	Explores the therapeutic potential of food to prevent and treat disease. Contemporary issues relating to growing, storing, processing, preparing and regulating food are discussed, and the impact of external factors on food quality and safety are investigated.
BIOC211	Pathology and Clinical Science 1	Introduces concepts of microbiology as well as symptomatology, diagnostic techniques and pathological processes of cardiovascular, respiratory, digestive and urinary systems.
BIOP211	Pharmacology	Examines Western pharmacology and raises awareness of potential interactions between Western treatments and traditional medicines.
NMDF211	Nutritional Biochemistry	Examines the major metabolic pathways and nutritional influences associated with dysfunction and optimisation, including an in-depth understanding of nutrient metabolism, physiology and molecular genetics.
WHMF212	Herbal Medicine <i>Materia Medica</i> 2	A further exploration of plants used in herbal and naturopathic practice from traditional, historical and research-based perspectives.
SOCF121	Psychology and Counselling Theory	Introduces fundamental theories which underpin counselling approaches necessary for client management in complementary healthcare practice.
<b>Semester 4</b>		
HMCL211	Clinical Skills 1	Introduces the principles and processes associated with the provision of professional, effective, efficient and safe management of patients in clinical practice.
WHMF221	Herbal Medicine Pharmacology and Pharmacognosy	Building on herbal knowledge from Herbal Medicine <i>Materia Medica</i> 1 and 2 this subject examines how the constituents of plants contribute to the therapeutic properties of herbs.
BIOS222	Pathology and Clinical Science 2 & 3	Introduces symptomatology, diagnostic techniques and pathological processes of sensory organs, musculoskeletal, integumentary, blood, nervous, endocrine and reproductive systems.
NMDS111	Sociology of Food	Introduces students to the social determinants of health and examines why we eat the way we do in local and international settings. Explores the influences of gender, globalisation, and the rise of non-communicable disease.
NATF311	Flower Essence Therapy	Introduces the use of flower essences in clinical practice. Through the study of the Bach flower remedies a fundamental understanding of the underpinning concepts and therapeutic benefits is gained. Australian flowers and their unique therapeutic properties are also explored.
<b>Semester 5</b>		
WHMC311	Clinical Herbal Medicine	A specialised subject focusing on the prescription of herbal medicines in the clinical context.
HMCL312	Clinical Skills 2	This subject further develops students' skills in evaluating and managing patients and their presenting health conditions through the processes of case-taking, health assessment, and therapeutic strategy development.
NMDD221	Dietary Planning across the Lifespan	Introduces dietary and nutrition analysis and considers relevant dietary patterns and nutritional needs across the human lifespan.
HMCL223	Clinical Diagnostic Techniques	Introduces diagnostic and functional laboratory tests and procedures used in natural medicine practice. Students learn to interpret and evaluate data obtained from these diagnostic procedures for the purpose of providing appropriate and effective treatment to patients.
BIOE221	Clinical Examination	Develops basic knowledge and practical clinical skills to assist in client diagnosis and treatment.
<b>Semester 6</b>		
NMDC221	Clinical Nutritional Medicine	The philosophy of holistic nutritional prescribing is built upon through the introduction of evidence-based nutrition therapies. Students work toward developing individualised models of care that utilise diet and nutritional supplements in the management of acute and chronic disease.
NATC321	Naturopathic Clinical Practicum 1	Students commence their clinical practice training in partnership with a senior student practitioner in the Endeavour Wellnation Clinics. Patients are treated under the supervision of clinical supervisors.
Elective 1	Stream 1 or 2 Elective (4 credit point elective)	–
SOC1221	Interpersonal Skills of the Helper	Communication theories & skills to establish and maintain a client helping relationship.
<b>Semester 7</b>		
NATC414	Naturopathic Clinical Practicum 2	Students build and apply their naturopathic clinical knowledge and skills through the management of patients in the supervised Wellnation clinics. This subject incorporates a weekly naturopathic therapeutic workshop which focuses on discussion of common conditions and their naturopathic management.
WHMF314	Advanced Herbal Medicine	Explores herbal formulating for complex conditions and cases, from various traditional and cultural perspectives and from the perspective of contemporary clinical practice. Herbal energetics and synergy, as well as herbal research are considered when formulating treatment prescriptions.
SOCH311	Foundations of Public Health	Explores the nature and scope of public health activity and the challenges facing public health in the 21st century. Students learn to evaluate current public health programs as well as developing an understanding of epidemiology and its relevance to public health practice.
NMDA321	Nutritional Physiology Research	Builds upon all prior nutrition subjects and expands the student's knowledge of recent research in advanced physiological, biochemical and immunological disease processes from a holistic perspective.
Elective 2	Stream 1 or 2 Elective (2 credit point elective)	–
Elective 3	Stream 1 or 2 Elective (2 credit point elective)	–
<b>Semester 8</b>		
NATC425A	Naturopathic Clinical Practicum 3A	These final clinical practicum subjects provide students with the opportunity to demonstrate the clinical application of knowledge and skills gained throughout the course. A weekly naturopathic therapeutic workshop in NATC425B focuses on critical discussion of cases and development of evidence-informed naturopathic strategies for managing them.
NATC425B	Naturopathic Clinical Practicum 3B	
Elective 4	Free Elective (2 credit point elective)	–
SOCE311	Establish and Manage a Practice	Develop skills to establish a health practice and manage/operate the clinic. Business strategies, ethics, privacy and relevant legislative requirements.
<b>Electives</b>		
<b>Elective Stream 1</b>		
HOMC121	Homeopathic Acute Prescribing	Develops the ability to prescribe homeopathic medicines in the management of common acute and first aid conditions.
HOM1122	Homeopathic Case Taking	Integration of talk therapy techniques with the homeopathic principles of case taking for holistic health assessment.
HOMM122	Comparative <i>Materia Medica</i>	Analysis and application of homeopathic medicines in the management of organ and system pathology.
<b>Elective Stream 2</b>		
MSTA121	Musculoskeletal Anatomy and Palpation 1	This subject builds on the foundations of musculoskeletal anatomy and physiology delivered in Human Biological Sciences 1, providing a practical and theoretical framework for the development of palpation skills. Students learn to identify and palpate bony landmarks, muscles and other relevant structures.
MSTR211	Myofascial Release	In this subject students are introduced to the principles and practical technique of basic Myofascial release methods.
MSTT211	Myotherapy for the Lower Body 1	Through focus on the lower half of the body, students study assessment methods and technique, combined with soft tissue therapeutics. Integrates postural assessment, muscle length and strength testing, with neuromuscular techniques.
MSTT212	Myotherapy for the Upper Body 1	This subject focuses on the upper half of the body and enables students to apply assessment procedures and neuromuscular technique to address myofascial trigger points associated with soft tissue dysfunction in the upper body.
<b>Free Elective</b>		
NMDH322	Community Public Health Nutrition	Introduces students to the central principles and practices of community and public health nutrition and the current and emerging issues in the growing field of public health nutrition.
WHM311	Indigenous Plant Medicine	Explores plants used as foods and medicines in indigenous Australian culture from regional and tribal perspectives.
NMDE211	Energetics of Food	Introduces the framework and elements of nature and the concept of the constitutional types as they are utilised in the practice of dietary prescription within Chinese Medicine, Ayurveda and European traditional medicine.
NMDS311	Sports Nutrition	Introduces students to the specific nutritional requirements for athletes with emphasis placed on the practical application of sports nutrition guidelines and practices.
NMWD221	Weight Management in Health and Disease	Addresses the multifactorial issues that contribute to obesity and underweight issues, focusing on evidence-based strategies for weight management that encompass models and theories of change and coaching strategies.

Endeavour College reserves the right to vary the frequency, availability and scheduling of online subject offerings depending on demand and professional body requirements. Students should gain advice from relevant professional bodies as to the acceptable amount of online learning that may be undertaken to obtain association recognition. Policies and procedures relating to study with the College, including the Course Viability Policy, are available online at [www.endeavour.edu.au/policies-and-procedures](http://www.endeavour.edu.au/policies-and-procedures).