Western health History – 20th Century

Emergence of Naturopathy
&
The development of the modern health system
Naturopathy - origins

The Early Pioneers

- Dr. Benedict Lust
  - 1872 – 1945
  - Dr. John Scheel

- Dr. John Harvey Kellogg
  - 1852 – 1943
Influences

- Vincent Priessnitz (1799-1851)
- Johann Schroth (1798-1856)
- Father Sebastian Kneipp (1821-1897)
- Arnold Rickli (1823-1926)
- Louis Kuhne (c. 1823-1907)
- Henry Lahman
- F.E. Bilz (1823-1903)
- Adolph Just (n.d.-1939)
“Still” more

- Osteopathy
  - Andrew Taylor Still
- Chiropractic
  - Daniel David Palmer
- Eclectic medicine
  - Wooster Beech
- Herbal medicine
  - Samuel Thomson
Philosophy

- The healing power of Nature
  - *Vis medicatrix Naturae*
- Treat the whole person
- First do no harm
- Identify the cause
- The doctor as teacher
- Prevention
- Elimination of evil habits
- Corrective habits
- New principles of living
Philosophy

- Holism
  - Aristotle (384-322 BCE)
  - Jan Smuts (1870-1950)

- Reductionism
  - Medical theory
  - René Descartes

http://www.philosophy.leeds.ac.uk/GMR/hmp/texts/modern/descartes/body/body.html
Naturopathy evolves

- Benedict Lust
  - Henry Lindlahr MD
    - [http://similibus.org/pearls_text](http://similibus.org/pearls_text)
  - John H. Tilden MD
    - Toxemia
  - Elmer Lee MD
    - The hygienic system
  - Bernarr MacFadden
    - Physical culture
  - Joe Shelby Riley
    - Zone therapy
The halcyon days of Naturopathy

- Lust spreads the word
  - Publication of the "The Universal Naturopathic Directory and Buyer’s Guide."
  - Nature’s Path
  - The Naturopath

- The American Naturopathic Association
Naturopathy recedes – Medicine expands

- The rise of Morris Fishbein
  - The American Medical Association
  - JAMA
- Gaylord Hauser
Miracle Medicine

- From the ashes of chaos rose medicine
  - Hospitals and clinical practice
  - Abraham Flexner and "Medical Education in the United States and Canada"
- The orthodox doctor as holistic practitioner
Miracle Medicine

- The rise of sulfa drugs and Penicillin
  - Alexander Fleming
  - Howard Florey
  - The Second World War
- The 1950’s and vaccines
- The modern doctor
Alternative becomes Complementary

- Rejection of orthodox thought
- The re-emergence of Naturopathy in Australia
  - Maurice Blackmore
  - ANTA
  - NHAA
  - Alf Jacka
- Full circle
Feminism

- Rise of Feminism
- ERA
- Contraception
- Feminism in epidemiology
Here and Now

- Rise of the new pandemics
  - Avian flu
  - Swine flu

- Rise of chronic diseases
  - Obesity
  - Heart disease
  - Diabetes
Summary

- Where we came from
  - From Europe to America to here and now
- Where we are going
  - The changing stage
- What to expect
  - Is the Naturopath the equal of the medical physician?
- Information of interest
Bibliography

- Naturopathic Medicine Viewed December 2009 http://www.faqs.org/health/topics/97/Naturopathic-medicine.html#ixzz0ZKOY8OLy
- Smuts, J (1926) Holism and Evolution MacMillan, New York
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